

SCOTTS HEAD WAVE

Community Newsletter for Scotts Head & Surrounds



SHCG

Scotts Head
Community
Group



COAST & CULTIVATE SERIES

Scotts Head Community Group

Coast & Cultivate Community Garden Gathering Saturday 9-10:30, June 13 2026

Twenty-seven people (including presenters) were warmly welcomed by Janet to a wonderful morning of learning, sharing and community connection at the Scotts Head Community Garden.

Aunty Angel and Charlize introduced participants to a range of local Indigenous bush tucker plants, fruits and vegetables, including lemon myrtle (both thin and thick-leaved varieties), mint bush, lilly pilly, native ginger, aniseed myrtle, curry myrtle, native cinnamon, native thyme, pigface, spinach, candle nuts, wombat berry and bracken fern. She shared traditional knowledge about the uses of these plants and demonstrated the art of weaving, which was enjoyed by all.

Caroline spoke about the importance of incorporating native and bush tucker plants into any further landscaping of Scott's Head Reflections Holiday Park, so as to help visitors connect with local culture and environment.

George welcomed everyone to the community garden and reflected on two essential ingredients for successful gardening: good soil and plenty of patience. He explained that all gardening practices at the community garden are organic, with pyrethrum being the only pest control used. Visitors enjoyed seeing the thriving winter vegetable beds, along with the orchard of apple, orange, lemon and finger lime trees.

Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together. Meetings are held on the second Tuesday of every second month at the Reserve Hall, Scotts Head. Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

Membership is only \$10.00 per year

<https://scottshhead.org.au/membership-form/>
scottshheadcommunitygroup@gmail.com

GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.



SCOTTS HEAD COMMUNITY GROUP PRESENTS

Coast & Cultivate

Gardens · Habitat · Sustainable Food |

June–November 2026

COAST AND CULTIVATE CONT.

The morning concluded with tea, coffee, and delicious homemade carrot cake and guacamole prepared by Elizabeth, providing a perfect opportunity for guests to connect, share stories and celebrate the community's growing interest in sustainable gardening and local food traditions.

The next Coast & Cultivate Community Garden Gathering will be held on Saturday 9 am July 4 at the community garden. Please register to attend (scottshhead.org.au) and a reminder to wear all weather clothing on the day.



SCOTTS HEAD COMMUNITY GROUP PRESENTS

Coast & Cultivate

Gardens · Habitat · Sustainable Food |

June–November 2026

A seven-event series of talks, garden visits and a shared meal for communities on **Ngambaa Country**. Hosted by Scotts Head Community Group. Open to everyone from seasoned growers to curious beginners. Come to one event or all of them.

THE EVENTS

13

JUNE
9am

The Launch · Country, Community & Bush Food

Community Garden, Scotts Head · Aunty Angel, Ngambaa Elder. Ngambaa Bush Food Products

4

JULY
9am

Cool Season Soil Preparation for Growing Vegetables

Community Garden, Scotts Head · Rachel Freeman, Horticulturalist

26

JULY
9am

Hot for Habitat: Native Gardens for Native Wildlife

Scotts Head Recreation Hut, Scotts Head Reserve · Chloe Brant, Bonville Nursery

29

AUG
9am

Food Forestry and Edible Landscapes

Scotts Head Road, Way Way · Nate Cosford

26

SEPT
9am

Native Garden Visit: Plants & Natural Weed Management

Hill Street, Scotts Head · Briony Magoffin

31

OCT
9am

Pollinators: Bees, Gardens and Landscape

Community Garden, Scotts Head · Cath O'Donnell & Karen Welch

28

NOV
4pm

SERIES FINALE

Bush Tucker Tour · Film Night · Potluck Meal · Aunty Angel, Ngambaa Elder / Rhys Pacey, Field Officer
Scotts Head Primary School · Bring a dish to share

FURTHER INFO

scottshhead.org.au
scottshheadcommunitygroup@gmail.com

HOSTED BY

Scotts Head Community Group
All experience levels welcome
All events Gold Coin Donation

These events take place on Ngambaa Country. We acknowledge the Gumbaynggirr and Dunghutti peoples as traditional custodians of this land and pay respect to Elders past, present and emerging

COMMUNITY JOINS IN THE TESTING PHASE OF SCOTTS HEAD MASTER PLAN DRAFT ELEMENTS WITH GUSTO

Note - Due date for survey responses extended to 18 July 2026!

About 100 people attended the in-person drop-in session on Saturday to learn more about the Scotts Head Master Plan project. The project is in its second phase where draft Master Plan elements, built on the ideas received during the first round of community consultation, are available for the community to review and test, now up until 18 July 2026.

Nambucca Valley Mayor Gary Lee attended the drop-in session on Saturday 27 June and he said it was great the Scotts Head community is well engaged with the project.

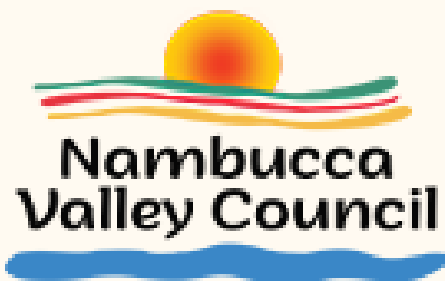
“I enjoyed hearing every person’s point-of-view on Saturday and I felt all of the exhibition materials of maps of high interest foreshore and public space areas were excellent,” he said. “When Council embarked on this project with the community and Reflections Holidays, we sought a broad range of views on ideas for how to better manage and improve the public spaces and foreshores at Scotts Head.

“Broad commentary is being generated and we have heard from some stakeholders that they would like more time to engage with and discuss the master plan Background Paper. So we are extending the closing date for feedback for one more week, until 18 July 2026, to give our community more time.”

Scotts Head residents and visitors are encouraged to read the Scotts Head Master Plan Background Paper and take the survey available online at www.nambucca.nsw.gov.au/ScottsHead

The Background Paper contains maps of and draft ideas for future, potential options at Scotts Head headland reserve area, day use reserve area, village green and Aidin Street open spaces. It also seeks the community’s feedback on the themes of vehicle parking, streetscapes and connectivity/beach access.

After this second project phase closes on 18 July 2026, third party consultant, Locale Consulting, will collate all feedback and prepare the full, draft master plan. This will be reported to Council for the consideration by Councillors, before being formally exhibited for the community to make their final comments on. It is intended the final Scotts Head Master Plan will be reported to Council by the end of 2026.



Scotts Head residents (from left) Briony Magoffin, Ray Fowke and John Schmidt, who is a member of the Scotts Head Master Plan Project Reference Group, catching up at the town’s master plan drop-in session held on Saturday 27 June, 10am-1pm

club scotts
The Club by the Sea...

KIDS DISCO PARTY

5.30 - 8.30PM
TUE 7TH & 14TH JULY
HOSTED BY THE DJ BISHO

AMPOL STATE OF ORIGIN

GAME 3

WEDNESDAY, 8TH JULY
LIVE & LOUD
CLUB SCOTT'S

\$26
Stoney's Aussie Footy Burger
MEMBERS HAPPY HOUR
FIRST TRY SCORER SWEEP
\$500 FIRST TRY SCORER BAR SHOUT*
FREE HOT DOGS AT HALFTIME!

WALLABIES KICKING OFF THE NATIONS CHAMPIONSHIP

TEST 1 SATURDAY 4TH JULY 8:00PM vs IRELAND
TEST 2 SATURDAY 11TH JULY 5:30PM vs FRANCE
TEST 3 SATURDAY 18TH JULY 8:00PM vs ITALY

LIVE & LOUD
HERE AT CLUB SCOTT'S!
COME DOWN, GRAB A DRINK & GET BEHIND THE WALLABIES!

club scotts
The Club by the Sea...

TRIVIA NIGHT

FREE TO PLAY

Bring your friends and your brain power for an unforgettable night of trivia.

THURSDAY
JULY 2ND, 16TH & 30TH

REGISTRATION FROM 6.00PM
1ST PLACE \$100, 2ND PLACE \$60, 3RD PLACE \$40
Teams of 2 - 8 players

Cinema Under the Stars

THURSDAY 9TH OF JULY
5:30 P.M.
BRING YOUR OWN BEAN BAG, DOONA for a fun night outside on the greens.

FAMILY FUN FREE EVENT DURING THE SCHOOL HOLIDAYS

MOVIE TO BE ANNOUNCED SOON!

BEERS, Braids AND BARBECUES

SUNDAY 19TH OF JULY
2:00 PM

\$30 PER HEAD
INCLUDES A FREE BEER!

CALLING ALL UNCLE'S, GRANDPAS

Great way for dads to connect with their daughters and learn a new skill!

WHALE WATCHING ON THE MID NORTH COAST

The Mid North Coast of New South Wales is a prime destination for whale watching enthusiasts.

What are some of your best local vantage spots to visit during the whale watching season from May to November?

If you care to share, please send them through so we can share these in our next newsletter!

DUNE CARE

- Saturday 18th July
- Meet at Surf Club area form 8:30am
- Wear long sleeve shirt and pants
- Tools and gloves provided but bring own if you prefer

- See FB or phone
- Moira 0421911294

GRASSY HEAD VOLUNTEER NURSERY

through Caravan Park and onto beach access at Grassy Head
opening hours 9am -1pm Tuesday and Friday.
We have many local varieties of plants including

- LILI PILLY
- CALLISTEMON
- BANKSIA
- TUCKEROO
- PIGFACE
- CRINUM LILLY
- RED CEDAR

PHONE 0401 759 061 OR SEE FB PAGE

SCOTT'S HEAD PICKLE BALL

Local Nambucca Valley PB CLUB
Enjoy great fun and gentle exercise, next to community garden at Buz Brazel Oval

Times and days:
Sunday 9.00am
Thursday 2.30pm winter & 3.00pm summer

No gear required, first 3 days free.
3 courts available

Join our What's Ap group or simply turn up!

Club has now over 70 members

SHPB Group contact:
Allan 0411 191 354
Paul 0428 124 447
or
George 0428 662 803

VEGE PATCH NEWS SCOTTS HEAD COMMUNITY GARDEN

Gooday from Scott's Head Gardeners,
Our veggies are all looking great and loving these cool nights and clear sunny days. There are a lot of veggies almost ready for picking; snow peas, fennel, broccoli, cabbage, lettuce, beetroot, silver beet, bok choy, and herbs.

Be a wise picker and pick produce exactly as you would purchase it from the supermarket.

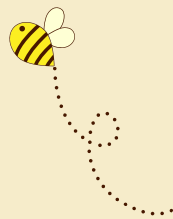
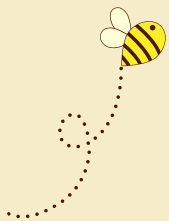
Tip: Fully mature, full leaf with stalks attached when picking silver beet.

Bok choy is best harvested as a full mature plant.

Tip: Picking the leaves only and leaving the stalk attached actually reduces the plants life.

Thanks again for your ongoing donations. There's lots of care involved in the garden, watering, weeding, mowing, sourcing good soil, composting, and pest control which is continuous and costly so donations are very much appreciated.

Cheers from the
SH GARDENERS



RECIPE OF THE MONTH

SILVER BEET RISOTTO

Prep and Cooking Time: 45 minutes

Servings: 4

INGREDIENTS

- 2 tablespoons olive oil
- 1 onion, finely chopped
- 2 teaspoons dried thyme or 8 fresh thyme sprigs, plus 4-6 extra sprigs to garnish
- 2 sticks celery, thinly sliced
- 2 cloves garlic, crushed
- 2 cups halved Swiss brown mushrooms
- 1¹/₃ cups arborio rice
- 1¹/₃ cup white wine
- 2 cups hot reduced-salt vegetable stock, plus 3¹/₂ cups hot water
- 12 cups chopped silver beet, lightly microwaved or steamed
- 250g cottage cheese, blended
- 4 store-bought bottled mild peppadews, finely chopped
- squeeze lemon juice
- ¾ cup grated or shaved parmesan
- ground black pepper

METHOD:

1. In a large pan, heat oil over medium-high. Cook onion, thyme, celery and garlic, stirring occasionally, for 4-5 minutes, until softened.
2. Add mushrooms and cook for a further 3 minutes. Stir in rice and cook for a further 2 minutes. Add wine and boil rapidly for a few minutes.
3. Gradually add hot stock and water, ½ cup at a time, stirring continuously. Allow liquid to absorb before adding the next ½ cup.
4. Once all the liquid is added, the rice should be creamy and thick. Fold in half of the silver beet and cook for a few minutes before adding the remaining half.
5. Stir in cottage cheese and peppadews. Heat through. Add a squeeze of lemon juice. Serve sprinkled with parmesan and pepper. Garnish with thyme.





COMMUNITY NOTICEBOARD

CRUICKSHANKS PLUMBING



SCOTTS HEAD

LICENCE 78423C

OUR TEAM

Stewart is your local licenced plumber with over 30 years of plumbing experience offering professional, friendly and honest service for all of your plumbing needs. Noah is your local apprentice offering a keen eye for detail, his professionalism and friendly service.

We are located in Scotts Head and service our local and surrounding areas.

Contact us today about your plumbing needs!

We look forward to working with you.



Our services:

- New Residential Homes
- Bathrooms, Kitchens, Laundries
- Water Heaters & Gas Services
- Renovations & Maintenance
- Roofing & Guttering

Contact Us:

0412 254 159

cruickshanksplumbing@gmail.com



WINTER CLOSURE

HOT MYRTLE KITCHEN IS CLOSED

1ST JUNE - 3 SEPT 2026

WE ARE SO THANKFUL FOR YOUR CONTINUED SUPPORT
SEE YOU IN SPRING!

Specialised Feldenkrais for your later years in Scotts Head.

Move easier, feel better,
and age gracefully in the
home you love.

✓ Book a **FREE consultation**
with Narayan

Narayan Neubauer

0423 696 432

narayan.feldenkrais@gmail.com



Professional Shine,
EVERY TIME

FULLY INSURED

WINDOW CLEANING

Commercial - Residential
Mirrors - Solar Panels

If its glass we've got you covered



INSTAGRAM



Call or Text
Daniel Johnson
0427 004 633
snarlysurf@gmail.com

For any WAVE advertising queries, please find details on the
Scotts Head Community Group website.

<https://scottshhead.org.au/advertising-form/>

And be sure to check out the website for other community information, events and news.

<https://scottshhead.org.au/>