

# SCOTTS HEAD WAVE

Community Newsletter for Scotts Head & Surrounds



## MEDIA RELEASE

### Nambucca Valley Council - A positive first meeting held for Scotts Head Master Plan PRG

Members of the Scotts Head community were excited to attend the first Scotts Head Master Plan Project Reference Group (PRG) meeting, which marked a step towards achieving a goal the community has called for. In December 2025, Nambucca Valley Council kicked off the master plan project by inviting expressions of interest to the project reference group and last Thursday 26 March the voluntary group met for the first time.

Nambucca Valley Deputy Mayor Susan Jenvey opened the meeting, attended by representatives from Council, Reflections Holidays, and the Scotts Head community. Nambucca Valley Council Director Engineering Services David Moloney said the first PRG meeting, facilitated by Locale Consulting, was an opportunity for the PRG members to get on the same page.

“It was a productive night where we discussed the master plan’s scope, timeframe and everyone shared what they wanted to get out of the plan,” he said.

“We are looking forward to engaging with the broader community to create the master plan together.”

Reflections Holidays Regional Manager Scott Burns said the holiday group - a Crown Land manager and social enterprise - was looking forward to collaborating with Council and the Scotts Head community. “It’s heartening to see the enthusiasm of those at the PRG meeting as we work together to achieve a future vision for this coastal village,” he said.

Scotts Head Community Group Inc Chairperson Tony Crimmins said: “The master planning process is a great opportunity for the Scotts Head community to review the current state and management of the town’s beautiful foreshore areas.

“Our community is really keen to have its say in how our foreshore areas and public spaces are managed into the future.”

The Scotts Head Master Plan is a Council plan aimed at providing a framework for better managing foreshore areas at Scotts Head and public spaces. Reflections Holidays has significant buy-in to the master plan process, *(cont. over page)*

Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together. Meetings are held on the second Tuesday of every second month at the Reserve Hall, Scotts Head. Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

**Membership is only \$10.00 per year**

<https://scottshead.org.au/membership-form/>  
scottsheadcommunitygroup@gmail.com

#### GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.



contributing financially to the plan, and as a key tourism operator in Scotts Head, it has an interest in informing the process for improved community outcomes.

There will be two phases of community consultation on the plan: initial engagement expected to be delivered from late April to mid-May 2026, with both an online survey and a face-to-face event on the 3 May 2026 where the plan's themed elements will be outlined. This will be followed by a second phase of engagement, where different parts of the master plan will start to take shape, from late June to early July.

The PRG is scheduled to meet twice more, after each community engagement session. Reporting the draft master plan to Council is expected to occur at the 28 October 2026 Ordinary Meeting of Council. Should Council resolve to exhibit the plan, a third round of community consultation and formal submissions to the plan will be invited in October-November 2026.

The Scotts Head Master Plan Project Reference Group consists of Nambucca Valley Mayor Gary Lee, Mr Moloney, Reflections Holidays Scotts Head Park Manager Caroline Winter, Macksville-Scotts Head Surf Life Saving Club President Eric Graham, Mr Crimmins and community members John Schmidt, Nicole Lane and Liam Swan.

For more information on the Scotts Head Master Plan visit [www.nambucca.nsw.gov.au/Community/Get-involved/Scotts-Head-Masterplan](http://www.nambucca.nsw.gov.au/Community/Get-involved/Scotts-Head-Masterplan).

ALL MEDIA ENQUIRIES TO:

Mr Bede Spannagle  
GENERAL MANAGER  
02 6568 2555

Bede Spannagle  
GENERAL MANAGER  
DATE: 30 March 2026



Nambucca Valley Council  
Director Engineering  
Services David Moloney  
and Reflections Holidays  
Scotts Head Park  
Manager Caroline Winter  
looking over the master  
plan concepts documents  
last Thursday 26 March.



The Scotts Head Master Plan Project Reference Group members discuss the main themes around managing Scotts Head's foreshores and public open space at the group's inaugural meeting on Thursday 26 March.

# GETTING TO KNOW PEOPLE IN YOUR COMMUNITY

**By Deena Gilroy**

**Meet Caroline Winter.....**

The Scotts Head Community Group warmly welcomes Caroline Winter as the new manager of Reflections Holiday Park. Originally from the United States, Caroline and her Aussie husband Charlie have long loved visiting Scotts Head - and are now delighted to call it home, along with their much-loved little dog, Mo. Caroline joins us from Reflections Nambucca Heads, where she built a strong reputation for community connection and thoughtful park management. She brings with her a rich background in community service - particularly in health, including mental health and counselling. Her move into Reflections marked a meaningful shift - from health into hospitality - but remains grounded in the same core purpose: people, connection, and wellbeing. She arrives at a time when Reflections continues to play an important role in managing Crown Land areas across the village - spaces deeply valued by locals and central to the character of Scotts Head.

## **Getting to Know Caroline**

*What drew you to make the move here full-time?*

“We’ve always loved the natural beauty and relaxed lifestyle - but it’s really the sense of community that makes this place so special. We were living in Armidale, which we loved, but after COVID we took a step back and thought about how we wanted to live. There was so much isolation during that time - so much disconnection - and we wanted something different. We wanted to build a life centred around community and wellbeing. We’d often imagined what it would be like to retire here one day, so during my long service leave we took a leap of faith and tried living here instead of just holidaying - and that was it. We ‘visited by accident and stayed on purpose.”

Charlie took up a part-time role as a groundsman with Reflections during that time, which later transitioned to the Nambucca Holiday Park - where Caroline also joined Reflections and began learning the ropes.

*What has stood out to you since arriving in Scotts Head?*

“How much people care. There’s a real pride in this place. I’ve met so many people who are deeply invested in looking after this beautiful headland - many volunteering their time and energy. It feels like I’ve found my people... interesting, capable, like-minded people who’ve all somehow found their way here too. I feel received here - it’s like new friends are already old friends.”

*What do you enjoy doing in your downtime?*

“Swimming. I’ve always been drawn to the water. When I swim, it’s time just for me - no conversation, just my thoughts and the physical sensation of moving through water. It’s both calming and energising at the same time.” And cycling again too - which feels, as Caroline says, “like coming back to an old love.” The ocean, nature, open space - it’s all incredibly healing. I think a lot of people are rediscovering that.”

*What’s your favourite food - and why?*

“Anything sourdough!” she laughs. “But I especially love meals based on my grandmother’s recipes, shared around the table with family. I heard somewhere that for people who’ve travelled and moved a lot, language can be lost over generations - but food stays. That connection lasts.”

*Is there something about you that might surprise people?*

“I was a competitive cyclist in college - and that’s what brought me to Australia! One year when the season ended, I came here chasing an endless summer. On a later trip, I met my husband Charlie in a shearing shed - and here we are, 33 years later!” *(cont. over page)*

## Community, Care & Collaboration

With many of the village's foreshores and open spaces falling under Crown Land management, there's been growing community interest in how these areas are cared for into the future. The Scotts Head Community Group has been actively advocating for these shared spaces and welcomes the opportunity to continue working constructively with Reflections.

*For Caroline, this role is deeply personal.*

"It's exactly why I put my hand up to come here now. We've owned land in Scotts Head for some time, and always planned to be here eventually. When the opportunity came up with Reflections - and alongside the chance to contribute to local strategic planning - it gave us the impetus to move sooner. And my heart is in it." This park forms part of a much larger reserve, and the role has now been structured to allow a stronger focus on broader, shared priorities. "I'm able to focus on the broader picture - outside the fence - working with others on shared priorities, while our Assistant Manager focuses on the day-to-day operations inside the park. I feel incredibly fortunate to be in this position - to play a positive part in contributing to the place where we've chosen to live."

*How do you see yourself Reflections working alongside the community?*

"Collaborating, sharing ideas, and supporting outcomes that benefit both the environment and the community. There's already a lot of goodwill here, and I'm keen to build on that. I'm approaching this humbly, without a set agenda. I'm one stakeholder among many - who also happens to represent Reflections locally. My hope is to connect with others who care about this place, to listen carefully (including to quieter voices), and to work together in finding innovative and practical ways to bring about real benefits for the community." Drawing on her experience at Nambucca Heads, Caroline brings a practical, action-oriented mindset. "I was involved in projects that contributed to meaningful improvements - working alongside others to help coordinate initiatives and bring about practical improvements for the community. Those experiences showed me that this is an organisation I can genuinely align with."

## Looking Ahead

Caroline is focused on getting to know the community and understanding local priorities as she settles into the role. "I feel very lucky to be here," she says. "It's a special place, and I'm really looking forward to being part of its future."

So if you see Caroline and Mo out and about, don't hesitate to say hello - she's always up for a chat.



## COAST & CULTIVATE

*Growing community through plants, food, and nature*

We're bringing people together to grow not just gardens but connection.

**Coast & Cultivate** is a series of events / workshops sharing knowledge about:

- Growing vegetables and native plants
- Supporting pollinators and creating habitat for local wildlife
- Building food security and sustainable food systems

From kitchen gardens to backyard biodiversity, we believe small actions grow big change. Whether you're planting your first seed or sharing cuttings with a neighbour, you're part of something we hope will take a stronger root on Ngambaa Country. Join us for upcoming talks, practical workshops, and community gardening moments—designed to inspire, connect and encourage sharing. Stay tuned for event dates!



**SHCG**

Scotts Head  
Community  
Group



## DUNE CARE

- Next working morning Sat 18th April
- Meet at West St from 8:30am
- All welcome, training provided. Wear covered shoes, long sleeves, and pants, hat and sunscreen for safety.
- Bring your own gloves if you prefer otherwise provided.
- Further information FB page or Moira 0421911294



Happy Easter

## SCOTTS HEAD SPORTS FIELDS COMMITTEE OF MANAGEMENT

### BUZ BRAZEL OVAL

Your sports fields oval, is a volunteer managed and maintained facility, operating as a 355 NVC controlled committee.

NVC provide a one off per year grant of \$1000 to conduct all necessary operational requirements including mowing, weed control, line trimming, change room cleaning and maintenance, canteen facility, and line marking.

Small usage fees apply for clubs and schools that book the use of our oval.

The oval conference room is available for local community groups to access. The space is 12m X 12m area offering a small kitchen, carpet and a ceiling fan.

Application via NVC BUZ BRAZEL OVAL web site.

<https://www.nambucca.nsw.gov.au/Parks/Buz-Brazel-Oval-Scotts-Head>

More volunteers are desperately needed to help with the essential duties, especially lawn mowing.

Training and induction will be provided. If you can volunteer some time please get in touch.

Contact Mike Reardon 0412 408 679

The Oval Committee also supports the Basketball Court and Pickle Ball Court.

# APRIL BOOK REVIEW - The Proving Ground

By Lynne Foley

If you like courtroom thrillers then I can recommend “The Proving Ground”, written by Michael Connelly. Our protagonist is the likeable Mickey Haller, who is aka “the Lincoln Lawyer” for conducting most of his business in the back seat of his favourite Lincoln limo. Mickey has achieved some minor celebrity status in his beloved Los Angeles through a combination of shameless self-promotion and a surprisingly high success rate, especially given the apparent criminality of most of his clients. Micky has also achieved a reputation for pushing hard against the limits of legality to win his seemingly unwinnable cases.

But now Mickey has decided to escape the seedy side of criminal defence. His Lincoln and his previous persona are put in storage and Mickey moves up in the world to Tort, the branch of civil law that involves damages for harm.

His first case pits him against one of the most powerful and perhaps most terrifying forces shaping our present and our future - artificial intelligence.

“The Proving Ground” tells the story of Mickey Haller’s representation of a mother whose daughter was killed by the daughter’s ex-boyfriend. Their case is that this murder was committed at the urging of the ex’s other “girlfriend”, an AI chatbot named Wren. Haller is suing the multi-million-dollar creator of the AI program that made Wren.

If this plot seems a bit like too much of a lean into the realm of science fiction, I can assure you that this is now our reality. I recently read a report from Australia’s eSafety Commissioner Julie Inman in which she says, “AI companion chatbots act like virtual pals, giving emotional support, friendship, or even romantic affection through natural sounding exchanges.” This report investigated four different chatbot providers and found all of them were “dodgy by design.” They were not meant for children but fell alarmingly short in conducting age checks. And they failed to protect kids from sexually explicit or child abuse content. Inman warned that despite these serious failings these chatbots are becoming increasingly popular with kids.

As one reviewer of “The Proving Ground” most aptly put it “this AI lawsuit doesn’t feel like fiction - it feels like tomorrow’s headline.” This “dodgy by design” is at the heart of Mickey Haller’s case. Can he prove that the programmer who created Wren was negligent? You will just have to read this urgent, fearless, and brimming with tension book to find out! Available at your local library



## THE 2026 MACKSVILLE SHOW Year Of The Horse



The Macksville Show will return on Friday April 17 & Saturday 18 2026

**Theme: Year of the Horse**

Buses running Saturday April 18 only

The Macksville Show is one of the premier agricultural and entertainment events on the Mid North coast of New South Wales. The show attracts exhibitors from all over plus the local Nambucca Valley community. In fact, the show is wholly owned by the Nambucca River Agricultural Society Limited and is a non-for -profit organisation serving the community. While the Macksville Show boasts many key events in the area of horses, livestock including cattle and goats, produce, dogs, chickens and an extensive range of other activities.

For information and tickets please go to the website

<https://www.macksvilleshow.com.au/>

## VEGE PATCH NEWS SCOTTS HEAD COMMUNITY GARDEN

GOOD DAY GARDENERS,

Lovely rain has fallen down ..... and some great Autumn gardening is now happening!

Scotts Head Garden team had a magic working bee on Saturday 21 March, and we now have 9 garden beds that have been rebuilt, beds dug up, new quality manure added and are all ready for new plantings! Thanks to all who attended this day and helped out.

Time for lettuce, beetroot, kale, silver beet, snow peas, cabbage, cauliflower, broccoli, rhubarb, fennel, and much more.

We really need more gardeners, and lawn mowers, weeders and volunteers for watering duties. If you can spare some time we'd be much appreciative.

Contact us via our group email or Facebook page.

Happy gardening!  
George & Elizabeth



## RECIPE OF THE MONTH

### ROASTED CAULIFLOWER

Prep Time: 5 minutes

Cooking Time: 25 minutes

Servings: 5

#### INGREDIENTS

- 1 large head cauliflower, cut into florets
- 2 1/2 tbsp olive oil
- 1/2 tsp each salt and pepper
- 2 garlic cloves, finely minced
- 1 tbsp parsley roughly chopped, for sprinkling (optional)

#### PARMESAN FLAVOUR OPTION:

- 2 tbsp parmesan, finely grated (store bought, sandy type)
- 3 tbsp panko breadcrumbs

#### INSTRUCTIONS

- Preheat oven to 220°C (200°C fan)
- Toss cauliflower in a large bowl with oil, salt, pepper and garlic if using. (You can do this on the tray, but you'll need more oil). Add parmesan and Panko breadcrumbs at this point, if using.
- Spread on tray. Roast 20 minutes. Flip cauliflower, roast a further 5 minutes until you have golden edges and it's soft all the way through.
- Serve immediately, sprinkled with parsley if using.

<https://www.recipetineats.com/roasted-cauliflower/#recipe>



# COMMUNITY NOTICEBOARD



## WEDNESDAY NIGHT MUSSEL FEAST \$35PP

ALL YOU CAN EAT  
S.A SWEET BLACKLIP MUSSELS  
COOKED TWO WAYS + CRUSTY BREAD  
STEAK AVAILABLE FOR NON MOLLUSC LOVERS, PLUS SIDES, COCKTAILS, DESSERTS ETC...

APR



APR 12

## SUNDAY LUNCH FREE LIVE MUSIC

12 - 2PM

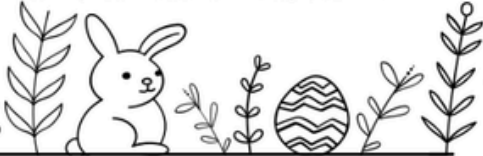
APR 26

# MISH.KYK

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Contact us today about your plumbing needs!

We look forward to working with you.

### Our services:

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### Contact Us:

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For any WAVE advertising queries, please find details on the  
Scotts Head Community Group website.

<https://scottshhead.org.au/advertising-form/>

And be sure to check out the website for other community information, events and news.

<https://scottshhead.org.au/>