

SCOTTS HEAD WAVE

Community Newsletter for Scotts Head & Surrounds



ANZAC DAY DAWN SERVICE SCOTTS HEAD 2025

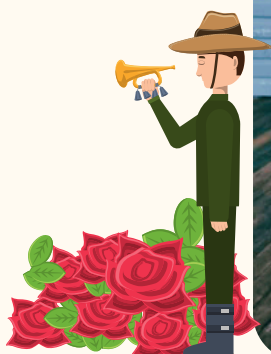
By Nicole Lane

What an amazing and fitting turn out from the local community and visitors for the 2025 Scotts Head ANZAC Day Dawn Service. Typically the service is held overlooking the beautiful Little Beach, however, due to some inclement weather, this years service was moved to the Reserve Hall, Scotts Head Reserve.

Thank you to the students and staff of Scotts Head Public School for once again presenting a great service, and to all the other volunteers involved on the day.

Thank you also to the local businesses, including Scotts Head Liquor Store, Reflections Scotts Head, Club Scotts and FoodWorks Macksville for supporting the BBQ, cooked by the NSW RFS - Scotts Head Brigade.

Lest We Forget



Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together.

Meetings are held on the second Tuesday of every second month at the Reserve Hall, Scotts Head.

Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

Membership is only \$10.00 per year

Enquiries please email:
scottsheadcommunitygroup@gmail.com

GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.





REFLECTIONS SCOTTS HEAD COMMUNITY FEEDBACK SESSION

**Thursday 15 May 5pm - 6pm
@ Club Scotts**

**Come along and hear the outcomes
from the community consultation
sessions held earlier this year**

All welcome

BUSH REGENERATION STARTS IN SCOTTS HEAD

By Jacalyn Middleton

PARK MANAGER - Scotts Head

In a joint collaboration between Reflections and Crown Lands, the "War against Weeds" in Scotts Head Reserve has commenced. Justin and his team of experienced bush regenerators began this week working to address the weeds on Scotts Headland (the point).

Once work on the headland is completed the team will move to other areas of the Reserve and continue over the next few months pinpointing and working to eradicate the weed problem across the Reserve. This initiative is a great step forward for the health of native vegetation across the Reserve.

Look out for further updates in the future.



A LITTLE ABOUT JOHN BELL – A TREASURED LOCAL

By Deena Gilroy

Q: Where are you originally from, and what brought you to Scotts Head?

Well my wife Myrtle and I, moved to Scotts Head from Randwick back in 1975. Our five sons were all born in Sydney. First up were twins Greg and Steve (identical), then our middle son Peter, and then twins Robert and Alan (not identical). We'd been up and down the mid-north coast on holidays for many years and particularly liked the Nambucca area. When a business came up for sale in Scotts Head, we came to take a look and the rest is history!

Q: What work did you do before the move?

I was in the public service in Sydney for many years, until we left in 1975 to become store owners here in Scotts Head! And that was a whole new venture! Especially when you expand and diversify to meet community needs, as we did. There were two stores in the village at that time known as the Top Shop, and the Bottom Shop. The business that we bought was the Top Shop, it was a convenience store, we did sandwiches and hamburgers, while the Bottom Shop did fish & chips that catered to the fishermen down at the boat ramp, it also had the petrol bowser. We also obtained a liquor license through the licensing court in Kempsey, which was set up where the Scotts Head Real Estate office was recently located. We built that overlooking Little Beach and established a sub-newsagency too, in conjunction with the Macksville Newsagents. We ran the business for ten years before stepping back and becoming 'just residents'. Myrtle sadly passed away in 2018, and I've remained 'just' a resident since then albeit a very involved and engaged one! With a great love of this place, and of this community, and the life I have so enjoyed while being a part of it.

Q: What was Scotts Head like in 1975? How has it changed over the years?

Back then it was predominantly still a fishing village, with only a few hundred or so people at any time. The houses were mostly modest cottages, with many built as beach shacks or holiday homes by families from in the surrounding towns. For 4 to 6 weeks every year around Christmas and New Year, many families from Macksville and Bowraville would roll into the old caravan park, but being so close home, they'd just nip back to do laundry or grab groceries which was not so great for local shop sales, mind you! Aside from the two shops, there was the surf club staffed by Macksville and Bowraville folk, and the bowling club which was very much just a bowling club back then.

There was also a morning clinic, run by Dr Fred Bennett, from Bowraville and a small chemist. So it was very much a fishing village back then. Now days there are many more residents and you'd be hard pressed to say you know most of them. And there's also a bigger tourist cohort that comes from much further afield than Macksville and Bowraville, or other local hinterland areas. And the houses that have been built more recently are on a much grander scale than when we first arrived here! There's also a shopping "precinct" now, with a variety of stores, including clothing shops, coffee shops and cafés. The caravan park now under the banner of Reflections is also much bigger and busier now and the Bowling Club, Club Scotts, isn't just a bowling club anymore, its bigger and more developed. I could go on if I really thought about it but I think those are the main things.

Q: Can you share some fond memories of community life, events or traditions here that you particularly enjoyed?

One standout for me was the resurrection of the Tennis Club! The old one had deteriorated beyond repair, so we formed a dedicated working group to acquire the necessary budget, by fundraising in the community with things like raffles, and card nights etc. We raised enough for the council to match, and successfully got our tennis club built, up and running! I became the President, and Myrtle and I were granted life membership. Its still well used today. Another unforgettable instance involved a boatload of illegal immigrants one rainy wet Saturday morning! A boat carrying numerous very well attired Chinese passengers, in suits and evening dresses, lost their steering and got washed onto the beach past the youth track. They must've been headed to Melbourne by all accounts and they were carrying large sums of cash in new \$50 and \$100 notes! It was all quite intriguing, there were helicopters and search efforts and they were all eventually found, some had travelled pretty far south of Scotts Head. We never found out what actually happened to them after that. The anchor is now in the carpark at Club Scotts, and the turret is sitting in the shrubbery opposite Short Street Cafe. I also have special memories of the ANZAC Day commemorations we have each year overlooking Little Beach, opposite where our Top shop used to be! And the New Years Eve Fireworks that used to draw crowds from all over, there would be cars parked all along the roads up to Elephant Head where it was held. An amazing spectacle! That was a real highlight until insurance costs put an end to it.

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Q: What are you most proud of?

Without question, my family. I've been incredibly lucky and so blessed to have had a loving wife, five healthy sons, and mutual respect between us all.

Q: What keeps you feeling young or joyful these days?

To be perfectly honest, at 95 I just feel lucky that I've still got a little bit of the smarts about me! And I'll let you in on secret I get a lot of 'beauty' sleep these days too! That helps! I wake up every day just thankful for my life, for this village, and for the way people look out for each other here.

Q: Is there a spot in Scotts Head that holds special meaning for you?

Little Beach, without a doubt. I've spent countless hours there body surfing! We'd be out in the big seas, with a hand board and fins, I just loved that! It's also where we socialised a lot, we'd gather at what was called the 'SeaBreeze Hotel'! as christened by the tradies, where we'd get takeaways from the liquor store and just enjoy social times together. Its always been a place of joy.

Q: What advice would you offer younger residents or newcomers?

Respect. That's it. Show respect and behave respectfully in the community, and good things will follow.

Q: Are there any community causes close to your heart?

I've always been community minded and involved. Apart from the many clubs and activities, I was also part of the Rate Payers Association, which I suppose was like the Scotts Head Community Group now. Back then there was a time when we even had the Mayor and a couple of councillors living here. It was and is all about finding ways to better things for our community. Its so important to do that and so rewarding when good things are achieved together.

Q: Lastly, what's something that people might not know about you?

That I'm still alive and kicking apparently! I saw a gentleman the other day who I hadn't seen for a long time who actually greeted me with : "Wow! - so you're still alive!". I had to laugh! But aside from that, my love for the classics in music has seen me through a lot. There was a time when I used to do a lot of drafting for surveyors like a second job at home, to see us through with a large family of 5 boys, and I'd have the classics playing throughout the house! Just beautiful. I like all kinds of popular music really as long as its melodic, and easy listening I've always loved having BBQ's and socialising and was also always up for a really good steak, although that's a bit tough to tackle now I've developed a taste for Asian cuisine. Life changes, but there's always joy to be found in the little things.



VEGE PATCH NEWS

SCOTTS HEAD COMMUNITY GARDEN

Garden Autumn replanting is a little slow getting started, more manure fertilizer has become available again and seedlings are a little slow getting to transplanting size.

If you are a local Scotts Head resident and have some spare time, Scotts Head Community Garden team are desperate for more help. Note the current team consists of members average age 75 years.

Watering during Summer period requires a 2hr duty approximately each 2 to 3 day interval.

Mowing alone requires 2 members for a 2 hour duty approximately each 10 days. Then of course weeding, planting, and gardening duties is always ongoing.

Please contact if you have time to spare 0428662803. We have enjoyable casual gardening days!

Bok choy, kale, lettuce, snow peas and other seedlings will be planted soon. Soil testing will be done and PH adjusted if necessary before hand.

Thanks to all our Gardening Team, great work!

Scotts Head Gardeners Team

RECIPE OF THE MONTH

Thai-Style Minced Chicken Lettuce Cups

Serves 4

INGREDIENTS

- 1 large head iceberg or butter lettuce
- 3 tablespoons vegetable oil
- 1 large red onion, chopped
- 2 tablespoons finely chopped fresh ginger (you'll need a thick 2-inch piece)
- 3 cloves garlic, minced
- 1kg ground chicken mince
- 1½ tablespoons soy sauce (use gluten-free if needed)
- 3 tablespoons fish sauce
- ¼ cup light or dark brown sugar
- 2 teaspoons lime zest, from 2 limes
- 3 tablespoons freshly squeezed lime juice, from 1½ limes
- ½ teaspoon red chilli flakes
- 2 large spring onions, white and green parts, finely sliced
- ½ cup chopped fresh coriander
- ¼ cup chopped fresh mint
- ¼ cup chopped cashews or peanuts

INSTRUCTIONS

1. If using iceberg lettuce: fill a large bowl with cold water. Place the head of lettuce on a cutting board; cut off the stem, then cut around the inner core of the lettuce and remove (do not cut all the way through the lettuce; just deep enough to remove the core). Discard the flimsy, ragged outer leaves and then place the head of lettuce in the bowl of water. Gently pull apart the leaves, then place them on a paper towel to dry. Cut any large leaves in half. Chill the lettuce cups in refrigerator until ready to serve. (If using butter lettuce, you won't have any issues pulling apart the leaves so this step is not necessary.)
2. Heat the oil in large sauté pan over medium heat. Add the onion and ginger and cook, stirring frequently, until soft, 4-5 minutes. Add the garlic and cook 1 minute more.
3. Add the ground chicken and turn the heat up to high. Cook, breaking up the meat with a wooden spoon, until partially cooked through, about 3 minutes. Add the soy sauce, fish sauce, brown sugar, lime zest, lime juice and red pepper flakes and continue cooking, stirring frequently to break up the meat, until the chicken is cooked through, 5-6 minutes more. Off the heat, stir in the spring onions, coriander, mint and nuts. Taste and adjust seasoning if necessary. Spoon into lettuce cups and serve with optional garnishes and rice.

*recipe can be found at www.onceuponachef.com



SAFE BIKE/WALKING CONNECTION SCOTTS HEAD TO MACKSVILLE – PROJECT UPDATE

By Allan Turner

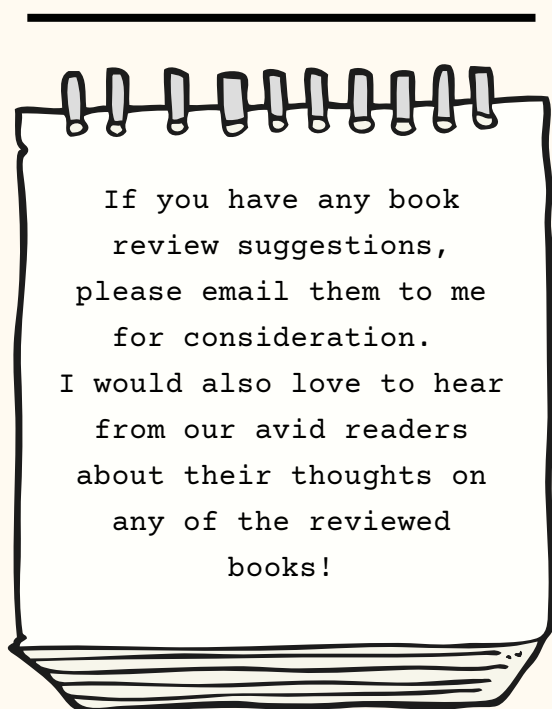
The Nambucca Shire Council desktop analysis of the bike/pedestrian connection project, caused a lot of debate Wednesday night resulting in the Councillors deciding that the active transport strategy needs to be kept alive as part of Council's future infrastructure planning.

As the Council minutes indicate the Bike/Pedestrian connection will be considered as part of that infrastructure planning. This represents the next step in the process of making our vision a reality.

The rationale and results of the Community Group's petition (close to a 1000 signatures), the support of local businesses and sporting organisations and the inclusion in the SHCG's Management Strategy are all of special significance in keeping our project alive. The support and advocacy of local youth, young families, seniors and people living with a disability cannot be underestimated.

109/25 Resolved (Jenvey/Jones) that Council:

1. Notes the Second Desktop Feasibility Study.
2. Consider the Bike/Pedestrian Connection as part of the Active Transport Strategy and any other relevant strategy.



MAY BOOK REVIEW By Lynne Foley

You could fill a library with potboilers that feature a private investigator whose personal habits are worse than those of the criminals and villains they bring to justice. You could even say this goes way back to perhaps the first PI novel, where we meet that opium smoking misanthrope Sherlock Holmes. But I recently read a book which is the complete antithesis of this.

Kevin Simington's "Someone Else's Life"

The main protagonist and ostensibly the hero of most books in this genre is almost invariably a hard-bitten, chain-smoking male, if not a misogynist or a womaniser, then a complete failure at relationships and romance. Often hard drinkers and takers of various non-prescription drugs, they live on very unhealthy food, have poor grooming, poor clothes sense and even poorer personal hygiene. But then we meet our new and improved version of private eye, John Targett, and after seeing Kevin's picture on the blurb, perhaps an alter ego. In the first five pages, we have a protagonist who wouldn't dream of using "gratuitous gutter language", a fan of healthy living who comments on "the wonderful visual contradiction" of two ambulance officers he sees smoking on the rear bumper of their ambulance. We have John disparaging a police detective for being overweight, for wearing a grey cardigan speckled with food stains" and for wearing a "gaudy striped shirt" that could have come" from a church thrift shop". In the second chapter our fastidious new friend worries about having a "two-day stubble" but not having time for a shave, about having "scruffy collar length hair" and even worries about the appearance of a few new grey hairs. And all this takes place before John heads out to run his free of charge women's self-defence class at the local community hall. And so the novel proceeds in a similar vein. John worries about "not doing a great job" as a single parent to teenage daughter Addie. He worries about Addie having Froot Loops for breakfast and then later he must shoulder the guilt of forgetting to take the half-time oranges to Addie's soccer match. After the game he goes to dinner with friends Karl and Billie, where Karl takes out a Budweiser and passes John his usual bottle of soda water. John's not a recovering alcoholic but hasn't let a drink pass his lips for five years and counting. While all this is going on there are two storey lines running through the book. There is an interesting story about babies being substituted at birth for a third world baby by a criminal adoption agency. And then there is a second story line, that of a good action novel, revolving around John, Addie and friends being attacked by a vicious bikie gang. In the end John has his retribution, the bikies get their just desserts, and the book finishes with a good twist, which I won't spoil for you here. But please don't harass our local author Kevin, about this twist. Just read the book!

WE'RE HIRING CLUB ADMINISTRATOR

We are looking for a mature, experienced individual to provide direct support to the Secretary Manager and collaborate across teams. In this role, you'll be responsible for:

- Maintenance of the clubs accounts, GL, payroll, HR, creditors & debtors, stock control & bank reconciliation.
- Handling phone calls, emails, and correspondence on behalf of the club.
- Maintaining the club's membership database
- Preparing and drafting of relevant club documents and correspondence, including board meeting documents when required
- Liaising with internal and external stakeholders & sub-clubs.
- Supporting day-to-day operations to ensure smooth workflow and efficiency.
- Assisting with the planning, costings & advertising of club promotions, both weekly & seasonally.

Assist with the day-to-day running of the club.

Applications accepted via online posting
on seek.com.au

Subject: Boat Ramp

Message Body:

A big shout out to Scotts Head fishos
Thank you for organising the beach
clean up of nuisance boulders sitting
at the bottom of the boat ramp
washed in by recent ocean activity.
Great job no fuss quiet achievers.

From: Anthony Burton
to
info@scottshhead.org.au

STAR WARS DAY
MAY THE 4TH
BE WITH YOU

THE DARKSIDE BURGER
THE FLAVOUR IS STRONG
WITH THIS ONE...
\$6 WITH A COMPLIMENTARY
DRINK



Celebrate this
MOTHER'S DAY
SUNDAY 11TH MAY
10.30AM TILL 12 NOON

SPOIL YOUR MUM THIS MOTHERS DAY
WITH A BUFFET STYLE
BRUNCH
BOOKINGS ESSENTIAL, LIMITED SEATS
EACH MUM RECEIVES A COMPLIMENTARY
GLASS OF BUBBLES ON ARRIVAL

**ONLY \$26
PER PERSON**



**DRESS LIKE A
PIRATE DAY**
16 MAY 2025

JOIN OUR STAFF IN
DRESSING LIKE A PIRATE TO
HELP RAISE AWARENESS AND
FUNDS FOR BRAIN CANCER
AWARENESS MONTH
IT'S TIME TO DUST OFF
YOUR SWASH-BUCKLING
BEST AND GATHER AS MUCH
TREASURE AS YOU CAN FOR
A GREAT CAUSE



club scotts
The Club by the Sea...

**STATE OF ORIGIN
GAME 1
WED 28TH MAY**

1ST TRY SCORER
BAR SHOUT
CONDITIONS APPLY

1ST TRY SCORER
SWEEP

FREE HOT DOG
AT HALF TIME



club scotts
The Club by the Sea...

THURSDAY 22ND MAY
REGISTRATION 6.00PM

Game Show
Trivia Night
STARTS 6.30PM



club scotts
The Club by the Sea...

Open Tues - Sun

Wednesday & Saturday - Social Bowls
Wednesday - Darts
Thursday - Chair Yoga
Friday - Raffles & Members Draw
Sunday - Members Draw

Ph: 6569 8163
www.clubscotts.com.au




TAKE CARE ON THE BOAT RAMP
THE EDGE OF OUR LOCAL BOAT RAMP
IS BREAKING DOWN AND HAS EXPOSED
METAL DUE TO RECENT WEATHER
EVENTS AND LARGE TIDES.
PROCEED WITH CAUTION EVERYONE.
NVCC ARE AWARE AND ARE TAKING
MEASURES TO RESOLVE THIS ISSUE.
PLEASE REPORT ANY COUNCIL
MATTERS THAT YOU SEE THROUGH
THE ANTENNO APP, THIS IS THE MOST
EFFECTIVE WAY TO NOTIFY COUNCIL
OF LOCAL ISSUES WITHIN OUR
COMMUNITY.



COMMUNITY NOTICEBOARD

DUNE CARE

Next working morning is

Sat 10th May

Meet in the corner from

8:30am

All welcome, training and tools provided.

Bring own gloves if you prefer, wear long pants and sleeves, covered shoes and hat and sunscreen.

see FB for more information or call Moira 0421911294



SCOTTS PROPERTY BOUTIQUE



"Lyn has been amazing with the sale of my property at Scotts Head. At all times she has demonstrated excellent communication skills with clarity and compassion."

Lyn was comprehensive in all areas from the outset. Her depth of experience and understanding of the current real estate market was accurate, this saw the sale through smoothly and has made this transition in my life uncomplicated. Thank you very much Lyn"

- Adele (vendor)



LYN SCOTT

0402 277 658

lyn@scottsproperty.com.au

www.scottsproperty.com.au

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MATTERS

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THURS, FRI, SAT FROM 5PM
SUN 9AM - 2PM (NO SURCHARGES)
405 GRASSY HEAD RD, GRASSY HEAD
WWW.HOTMYRTLE.COM.AU
BOOKINGS RECOMMENDED
65690000

Mother's Day 10th May

BRUNCH 9 - 10.30AM LUNCH 11AM - 2PM

**COMPLIMENTARY GLASS OF BUBBLES
OR COFFEE FOR ALL MUMS!**

**OUR 5 ACRES OF GARDENS WILL BE OPEN
FOR A SELF GUIDED STROLL**

**WITH OUR FABULOUS MAP BY CT ILLUSTRATIONS
FINN PLAYS JAZZ 12 - 2PM**

BOOK NOW TO AVOID DISAPPOINTMENT...

NEW WINTER MENU

STARTS 1ST MAY

**HOT MYRTLE KITCHEN WILL CLOSE
FOR OUR ANNUAL WINTER BREAK
FROM 22ND JUNE - 4TH SEPT 2025.**

**WE ARE SO GRATEFUL
FOR YOUR CONTINUED SUPPORT X**

LANDSCAPE AND BRICKLAYING SERVICES

DLB

dansbricklaying.com



Dan moved to beautiful Scotts Head in 2018 from the stunning Blue Mountains and has been working in the Nambucca Valley between Coffs and Port Mac for the last 7 years. He has a truck full of expertise to bring to your project. By carefully blending hard scape and soft scape elements, you can achieve

an attractive and functional garden. Investing in quality materials and thoughtful design will give you an outdoor space that stands for its elegance and practicality.

Call Dan to arrange an appointment to discuss your landscape vision on 0438218591 or alternatively send an enquiry on our website, dansbricklaying.com

- ✓ Retaining Wall Specialist
- ✓ Fences and Stairs
- ✓ Concreting
- ✓ Paving and Stone work
- ✓ All Brick and Block work
- ✓ Repairs and Renovations
- ✓ New Home and Extension

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Please send any newsletter items for consideration to our editor Alisha at

scottshheadwave@gmail.com

Items must be sent in by 23rd of each month