



Email: scottshheadwave@gmail.com
Scotts Head Community Group is on FB

DECEMBER 2024

Produced by Scotts Head Community Group

Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together. Meetings are held on the second Tuesday of each month at the Reserve Hall, Scotts Head. Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

Membership is only \$10.00 per year

Enquiries please email: scottshheadcommunitygroup@gmail.com

Thank you to the SHCG members and the Scotts Head Community for your input and support throughout 2024. Summer has arrived and it is time for the SHCG to take a short break to regroup and recharge in preparation for 2025.

Before we bid 2024 farewell, I would like to reflect on some of our achievements over the past year and highlight projects and initiatives on the SHCG radar for 2025.

- Master Plan and Bike/Walk Connection submissions presented to and supported by Nambucca Valley Council
- Actively developed relationships with key stakeholders including Local Member of Parliament Michael Kemp and Nambucca Valley Council Senior Staff
- Worked with local IT and Communications professionals to create the new SHCG Website
- Held some great Community events including the Open Garden Day and Makers Market
- After extensive community consultation prepared the SHCG Strategic Plan which defines who we are and our focus over coming years
- Initiated and led the Scotts Head Leadership Group, consisting of senior representatives from local Community and Sporting Groups
- Contributed to the Nambucca Valley Council Community Strategic Plan and NSW Government Parliamentary Inquiry into Law and Order in Regional Communities

We look forward to building on these successes in 2025 and progressing key initiatives including the Master Plan for Scotts Head Village and weed control and vegetation management measures across the entirety of Scotts Head Reserve. On behalf of the SHCG please enjoy a safe and enjoyable summer break and we look forward to working with you in 2025 to make Scotts Head an even more beautiful place to live and visit.

Tony Crimmins
Chairperson SHCG

GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.



Gumbaynggirr word for the month: **Prawn - wurrjay**



BEACH PARTIES

In recent years, around this time of year, there have been several parties held on the beach and or in nearby areas which have resulted in property being damaged, local residents concerned for their safety and large quantities of broken glass, cans and other debris left for others to clean up the next day.

If you or your child is going to hold a celebration on any of our beautiful beaches or foreshore areas please be respectful of the environment and other members of our community and take the necessary precautions to ensure that things do not get out of hand. Please don't hesitate to call Police if you have any concerns for the behaviour of attendees (invited or uninvited) and please clean up all of the rubbish afterwards.

It is not fair on Reflections staff or community members to be picking molten beer bottles out of fires still burning on the beach the following morning.

Additionally, if any member of our community has any concerns for their safety or witnesses something that causes them concern please call the Police immediately! Do not wait for someone else to do it and remember that the more calls Police receive regarding an incident the quicker they will respond.

SHCG



STUART'S POINT MEN'S SHED PROJECT

Scotts Head Community Group have kindly funded a new timber bench seat at the east end of Mathew Street with the help and the talents of Stuarts Point Men's Shed. The best views south along the coast can now be taken in while you relax and enjoy the soothing sounds of the ocean waves with the best seat in the house!

Be sure to check it out.

Cheers from the Stuart's Point Men's Shed



bluebottles

LEAVE THE WATER AND IF SEVERE SIDE EFFECTS ARE OBVIOUS CALL 000

Any tentacles that remain stuck to the skin should be removed, either by using tweezers or by hand (while wearing gloves). The site of the sting should then be washed with seawater.

HOT WATER IMMERSION CAN BE APPLIED AFTER INITIAL TREATMENT, BUT TO BE EFFECTIVE, HEAT NEEDS TO BE APPLIED AS SOON AS POSSIBLE AFTER STINGING.

APPLY HOT, BUT NOT SCALDING, WATER (IDEALLY AT 42-45°C), OR A HEAT PACK FOR 30-90 MINUTES OR UNTIL THE PAIN RESOLVES. THIS CAN BE DONE VIA:

A HOT SHOWER (WHICH HAS THE ADVANTAGE OF BEING ABLE TO VARY THE TEMPERATURE)

BASIN, BUCKET OR BATH FILLED WITH HOT WATER

HEAT PACKS.

IF the SLSC is open, a hot shower may be available.

DO NOT USE VINEGAR OR ALCOHOL

vinegar may cause bluebottle nematocysts to discharge

HELLO SUMMER

FUN FACT: is not a true jellyfish, but a colony of individual organisms

THIS MONTH'S BOOK REVIEWS

I usually enjoy reading books by Australian authors, and this month I am reviewing two of them. The first one is "Drowning" by a very local author Bryan Brown. This book also has a very local setting, with a Chinese boat washing up on a local beach and lots of other references to our valley, its surf culture and the peculiarities of some of its inhabitants.

I have enjoyed many books about Australian country towns, but not this one. I would call it an absolute train wreck. The characters are one dimensional and the plot never thickens. The author loves laying on the Aussie vernacular, but with a shovel not a trowel. I don't know anyone who calls gum trees "gummies." I found this constant ockerism both laboured and irritating and at one point I was unsure if it was a typo or perhaps intentional when Bikie gangs are referred to as "bickies." I'm sure they are not the custard cream variety.

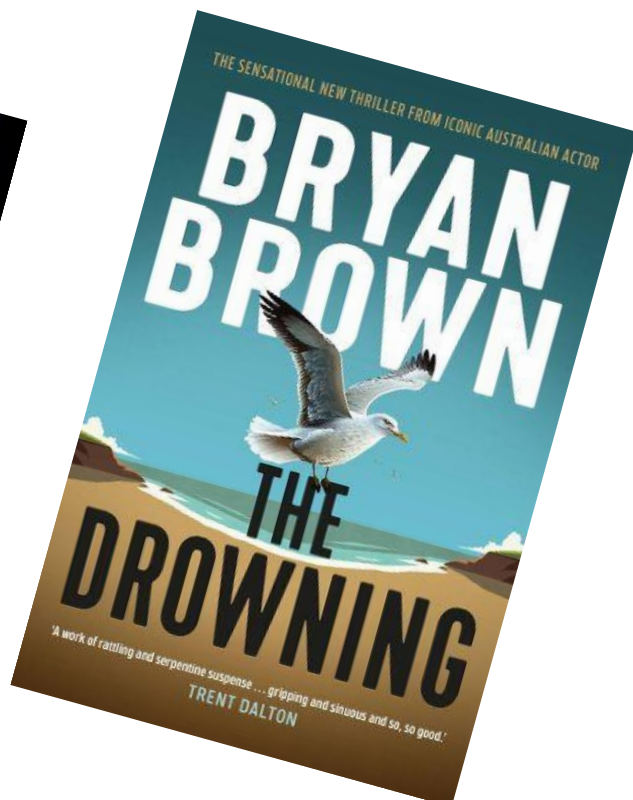
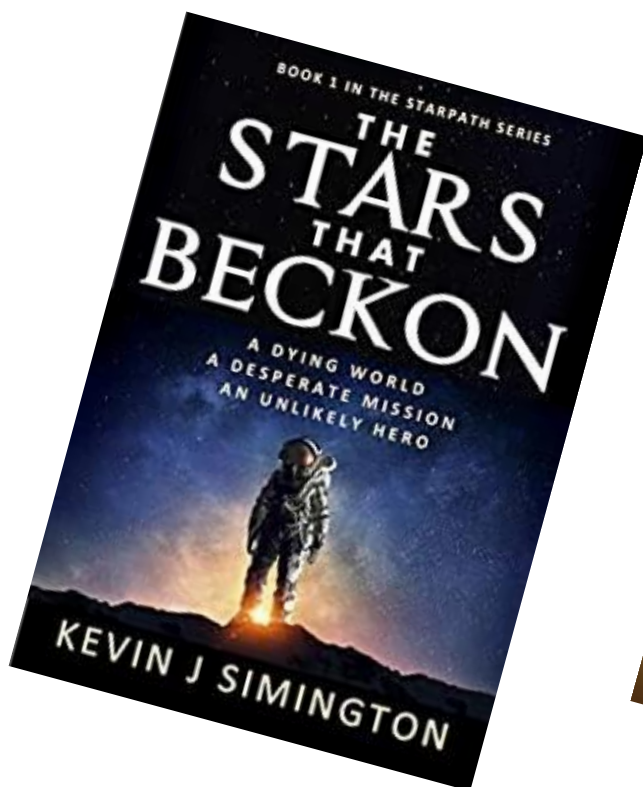
Sorry Bryan, but I say don't give up the day job.

The second book is "The Stars That Beckon" - a science fiction novel by Kevin J Simington, I am usually not a fan of the sci-fi genre, but this one really pulled me into its orbit. The writing is intelligent and accessible (by that I mean the science terms used are explained in a non- science way).

The plot is both relevant and believable. There is a war raging on earth between "The Caliphate" and the rest of the world. A spaceship has been built to transport the survivors of this war to another galaxy to start a new, better civilization. Plenty of plot twists. Even if you're not a sci-fi reader, I would say give this one a go.

That's your lot for the month

Lynne Foley



We are keen to hear from our avid readers, so if you enjoy reading one of our monthly recommendations, or, you have one you would like to share with us, we would love to hear from you!

Email your shared thoughts to scottsheadwave@gmail.com



VEGGIE PATCH NEWS!

Good day again from Scotts Head Gardeners!

The Scotts Head Veggie patch has been well patronized. Lettuces are all gone, zucchini and cucumbers still a few left. However, beans are flowering, egg plant growing well, sweet corn looking healthy, rocket ready to pick, button squash starting to flower and apples not far off being juicy and crunchy.

A general tidy up in the garden will be planned soon, a small mulcher is being purchased to assist with composting.

Scotts Head Gardeners team thank the community for their support and donations during the past year and wish all a happy festive season.

Cheers from Scotts Head Community Gardeners



All the amazing growth in the garden!

**Scotts Head Gardeners Christmas Party
.....in the garden!**

Date: 22/12/2024
Time: 3.30PM

Food: bring your favourite Christmas snack.
Drinks: bring your favourite Christmas drinks.

A happy time to reflect on the wonderful support and progress of the garden, and share the veggies etc

ALL ARE WELCOME.... Time to meet up and enjoy social chatting and sharing the Christmas joy!!

Please advise your preferred date and time.
PH 0428 662 803
CHEERS - GARDENERS TEAM



RECIPE OF THE MONTH



APPLE SAUCE FOR YOUR CHRISTMAS PORK

Ingredients

- 4 large apples
- 1 lemon, rind finely grated, juiced
- 1 1/2 tbsp caster sugar

Method

Step 1

Peel, core and chop apples. Combine apple, 2 tablespoons lemon juice and 2 tablespoons cold water in a saucepan.

Step 2

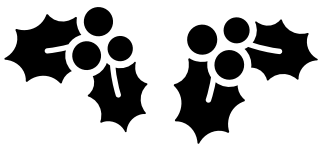
Bring to the boil over medium-high heat. Reduce heat to medium. Cover and cook for 12 to 15 minutes or until apples soften. Stir in lemon rind and sugar. Allow to cool slightly.

Step 3

Transfer mixture to a food processor and puree until smooth. Serve warm or cold

ENJOY!





WHAT'S ON THIS MONTH & BEYOND IN YOUR TOWN

DUNE CARE

Thursday 13th February



- Meet in the corner near Surf Club from 8:30am
- All welcome, no experience necessary.
- Training and tools provided.
- Wear covered shoes, long pants and long sleeves, hat and sunscreen

See FB page for more information or phone Moira 0421911294

Want to become a member of your local Surf Life Saving Club and get fit whilst contributing to your community??

You can join Macksville/Scotts Head Surf Life Saving Club by using this link

<https://www.surflifesaving.com.au/join>

club scotts
The Club by the Sea...

26 West Street, Scotts Head NSW 2447
T (02) 6569 8163
E info@clubscotts.com.au
Social Media @clubscotts
www.clubscotts.com.au

MEMBERS DRAW
Fri 7.30pm, 8.30pm,
Sunday 6.30pm
TP/00729

• barefoot bowls
• social darts
• happy hour
• social bowls
• kids playground

Purchase any on Tap Carlton product between 1 Dec - 26 Jan to WIN!!!
THIS BEAUTIFUL SHAPERS GREAT NORTHERN LONG BOARD

STARTING 6TH DECEMBER
CHRISTMAS HAM BOARD
WHILST STOCK LAST
TICKETS ON SALE FROM AT THE BAR FOR \$3.00 PER TICKET

Christmas Ham
Christmas Ham
Two extra prizes of Christmas Hams with our Friday Night Raffles from the 6th of December

Summer Opening Hours
From December the 16th the 31st January Club will be Opened Mondays

Trivia Night
19TH DECEMBER 2024
6.30pm
Teams of 2-4 people
1st place \$150, 2nd place \$50

MEGA RAFFLE
22 DECEMBER 2024
CHRISTMAS
TICKETS ON SALE FROM 10M - 2.30PM
DRAWN 2.30PM - 3.30PM

Enter to Win
FRIDAY NIGHT RAFFLE

SCOTT'S HEAD TIME CAPSULE
Opening 1st January 2025 at 12 noon

Join us
CELEBRATE NEW YEARS WITH LOOSELY ASSEMBLED

SCHOOL HOLIDAY TRADING HOURS
OPEN 7 DAYS
from 16th December

SUELL BISTRO
Bookings recommended.
@suellbistro
LUNCH 12.00PM - 2.00PM
DINNER 5.30PM - 8.00PM



MATTERS

FINE FOOD WITH LOVE
THURS, FRI, SAT FROM 5PM
SUN 9AM - 2PM (NO SURCHARGES)
405 GRASSY HEAD RD, GRASSY HEAD
WWW.HOTMYRTLE.COM.AU
BOOKINGS RECOMMENDED
65690000

CHRISTMAS IS COMING!

WE ARE EXCITED TO HOST LOCAL DJ JS BUMPS FOR TWO FUN FRIDAY NIGHTS 29 NOV & 6 DEC \$50PP
TWO COURSE MEAL WITH SHARED ENTREES & CHOICE OF MAINS PERFECT FOR A CHRISTMAS GET TOGETHER...
****BOOKINGS ESSENTIAL****
DRESS UP & DANCE (OPTIONAL!)

OLD SCHOOL VINYL
FUNK, SOUL,
BOOGIE & HOUSE
LAID BACK
BACKGROUND
BEATS

DRESS: WHITE PARTY / CHRISTMAS BLING

DINNER + DANCE

NOV 29 | 6 PM | PRICE: \$50

Club Scotts
HOT MYRTLE

OLD SCHOOL VINYL
FUNK, SOUL,
BOOGIE & HOUSE
LAID BACK
BACKGROUND
BEATS

DRESS: WHITE PARTY / CHRISTMAS BLING

DINNER + DANCE

DEC 6 | 6 PM | PRICE: \$50

Club Scotts
HOT MYRTLE



OPEN GARDEN 9 - 12 SUNDAY 24TH NOV
TAKE A WANDER WITH OUR NEW SELF GUIDED MAP & ENJOY OUR ECLECTIC GARDEN SPACES
PLANT SALES FROM CHEF HARDY'S COLLECTION
HOT MYRTLE KITCHEN WILL BE OPEN AS USUAL
BRUNCH 9 - 10AM
HIGH TEA \$20PP 10.30AM
LUNCH 12 - 2PM
BOOKINGS PLEASE

FINN PLAYS JAZZ
EVERY 2ND SUNDAY
12 - 2PM
NOV 3
NOV 17
DEC 15
FREE LIVE MUSIC

CHRISTMAS TRADING HOURS
CLOSED
23 - 26 DEC
OPEN
27, 28, 29, 30
CLOSED
31 DEC - 1 JAN

DRIFTWOOD CAFÉ PRESENTS

Farmers Market

Scotts Head | Ngamba Country

FORTNIGHTLY EVERY
2ND AND 4TH SUNDAY
OF THE MONTH
8AM - 11AM

LOCATION:
VILLAGE GREEN
NEAR 5 ADIN STREET

Support your local farmers & makers.

📍 SCOTTSHADFARMERSMARKET
✉ SCOTTSHADFARMERSMARKET@GMAIL.COM



MACKSVILLE-SCOTTS HEAD SLSC NIPPERS - FAIRY BREAD DAY

With a great start to the 2024/25 season, Macksville-Scotts Head SLSC Nippers have once again very strong numbers of kids learning all about safe surf and beach safety.

Mark Singh – Club Secretary says “We’ve had a big turnout in our green hats, the U6 and U7 age groups, which is great to see parents wanting their children to learn all about being safe at the beach and having fun at a young age”. The clubs nippers program has had some recent success at the Mid North Coast Branch Carnivals, with some of the competitors doing well against the bigger clubs from Port Macquarie and taking out top spot in some events.



On Sunday 24 November, the club celebrated ‘Fairy Bread Day’ which helps raise awareness and much needed funds for The Pyjama Foundation who support kids in foster care. The club raised over \$100 and plenty of smiles on the day also.

Mark Singh - Club Secretary - Macksville - Scotts Head Surf Life Saving Club

SUPPORT YOUR LOCAL MARKETS

Hey folks, we all enjoy the convenience of our local farmers markets with that lovely sense of community and the ready access to beautiful local produce. Please remember that the amazing stallholders need our support if they are going to continue to invest the time and energy to participate in our local markets.

So next time you are thinking of picking up some fresh produce such as honey, bread, fruit, veg and baked goods, consider planning ahead and supporting your local market stallholder. The Scotts Head Farmers Markets are held on the village green across from Scotts Central on the 2nd and 4th Sunday of each month between 8am and 11am.

We look forward to seeing you there!

SHCG

KEEP INFORMED DURING EMERGENCIES AND NATURAL DISASTERS

Thankfully the chances of a bad bushfire season look relatively low this summer. However, in our sunburnt country of sweeping plains, ragged mountain ranges, droughts and flooding rains (Dorothy Mackellar – My Country) we can’t afford to be complacent!

Here are some useful information sources so we can all stay safe this long hot summer:

- Make a bush fire survival plan - <https://www.rfs.nsw.gov.au/resources/bush-fire-survival-plan>
- Fire safety for at-risk community members – the RFS AIDER program is a free, one-off service designed for people living on bush fire prone land who have limited domestic support, including older people and people living with a disability. Call 1300 011 737 or email aider@rfs.nsw.gov.au <https://www.rfs.nsw.gov.au/plan-and-prepare/aider>
- Know your Neighbourhood Safer Place – these are places of last resort during a bush fire emergency. They are to be used when all other options in your bush fire survival plan can’t be put into action safely. In our area, Club Scotts (the bowling club) is our Neighbourhood Safer Place.
- Download keys apps to your mobile phone or tablet – there are various apps that can help you keep updated during emergencies. These include:



HAZARDS NEAR ME



LIVE TRAFFIC NSW



EMERGENCY PLUS



BUREAU OF METEOROLOGY



ABC LISTEN



**COMMUNITY
NOTICEBOARD**



Austwood

For All of Your Timber Needs



Recycled Mill Bridge Timber
300x300x6000mm
300x300x5000mm



Prefinished Solid Select Grade KD
T&G
End Matched WIDE BOARD
Australian Cypress Flooring
133mmx19mm



Rustic Bridge timber
300x300x2700mm

Locally Stocked & Delivered

send your enquiries to
admin@austwood.com

Scotts Head Holiday Markets

WEDNESDAYS 3PM - 8PM
MUSIC MEALS & MARKETS




ONSHORE HANDYMAN SERVICES

Mark: 0415 525 484
www.onshorehandymanservices.com.au

Experienced & Reliable - Your Local Handyman

Rip curl has a postage paid program for old wetsuits ready for the bin in rural areas to be recycled.

Send them to:
Rip Curl Customer Service
Attn: WETSUIT RECYCLE
REPLY PAID 80200
[2A Perkins Place
Torquay VIC 3228](http://2A Perkins Place Torquay VIC 3228)



The WAVE is made possible thanks to Nambucca Valley Council and Club Scotts who provide funding for printing costs.

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Scotts Property Boutique



Lyn Scott
0402 277 658

Thinking of selling? Or just curious about the value of your biggest asset?

Call Lyn Scott, the multi award winning agent who is dedicated to achieving the best possible price for her vendors every time.

NEWSLETTER SUBMISSIONS
MARCH ISSUE - CLOSE 23 FEB

All contributions and advertisements for the next issue are considered & can be submitted to;

scottsheadwave@gmail.com
alishacruickshanks@gmail.com

LOCAL NEWS

Nambucca Valley Council's Community Strategic Plan

Nambucca Valley Council recently released the engagement report as part of the development of Council's Community Strategic Plan (CSP) 2025 - 2035. And it's fantastic!

The CSP is a collective vision that guides local council activities over a ten-year period. One hundred and forty eight of our Scotts Head community engaged in this process, and as a result our town is well represented. Thanks Scotts Head!

It is also wonderful to see that the rest of the valley is well aligned with our own town's values and vision for the future. Our community's strategic plan has a very similar focus and concern.

Here is a brief summary of the key priority areas:

- Protect the environment and live sustainably
- Encourage vibrant town centres and villages
- Demonstrate Council leadership and governance
- Improve community recreational infrastructure
- Connect and support all communities
- Support young people to thrive
- Enhance community safety
- Manage the intensity of agriculture
- Provide safe roads and increase access
- Balance housing and population growth

Representatives of the SHCG were fortunate to recently attend a workshop along with other Nambucca Valley representatives, to further review and refine the next phase of the CSP process. The final report is scheduled to be adopted by Council by 30 June 2025. Prior to being adopted it will be placed on public exhibition and available for community feedback.

SHCG encourage everyone to take the time to read the engagement report which can be found on the Council's website (search CSP) or on the SHCG website Scottshead.org.au.

Janet Granek

SCOTTS HEAD WAVE

Well, that's a wrap! As we bid farewell to 2024 and the year that was I want to wish all of our loyal readers a very happy and safe festive season. It has been a pleasure to continue on as your Editor, share all of the amazing and interesting articles with you that are sent to me, and I look forward to continuing to do so in 2025. Thank you to everyone who has sent through articles and for your continued efforts each month to keep the WAVE relevant and evolving.

As always, if you have any local community events and or news stories to be considered for publishing, please send them via email to scottshheadwave@gmail.com Newsletter submissions close on the 23rd of each month to be considered for the next monthly edition. To become a member and receive the newsletter straight to your email, scan the QR code.

I am signing off and taking a little break, so we will meet again in March for our first edition of 2025.

Merry Christmas!

Alisha Cruickshanks - Editor

