

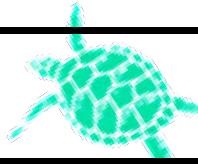


# SCOTTS HEAD WAVE

Community Newsletter for Scotts Head & Surrounds



Email: [scottsheadwave@gmail.com](mailto:scottsheadwave@gmail.com)  
Scotts Head Community Group is on FB



NOVEMBER 2024

Produced by Scotts Head Community Group

Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together. Meetings are held on the second Tuesday of each month at the Reserve Hall, Scotts Head. Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

Membership is only \$10.00 per year

Enquiries please email: [scottsheadcommunitygroup@gmail.com](mailto:scottsheadcommunitygroup@gmail.com)

## WEBSITE LAUNCH

The SHCG new website launched on Friday 18 October 2024 and has received overwhelmingly positive feedback from the local community and supporters of Scotts Head.

*"A huge thank you to all involved in producing this professional and inspiring web site. Many hours have obviously been spent on this wonderful production." Margie B*

*"Thank you this is very good." Simone R*

*"A wonderful job done by all. Onward and upwards!!" Tom R*

*"... Such a visual treat with beautiful images. You guys have done a brilliant job. "Thanks from us all." Neil and Lyn W*

*"Glad to see." LouBel M; "Great job! Looks terrific." Kat C; "Fantastic." Ali C M; "Love it." Jimzeena L; "Looks good." Zahn P*

Since its launch on 18 October, the website has attracted 1,350 views from 436 different users. It has been wonderful to generate such strong interest.

Remember that in addition to news articles and details of current projects and campaigns you can check the website to find current and past editions of 'Scotts Head Wave' newsletter together with minutes of SHCG meetings. You can also renew your membership, make a donation and find details of how to advertise or submit articles in the newsletter.

Visit the website here

<https://scottshead.org.au>

Tony Crimmins

Chairperson

## GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.



Gumbaynggirr word for the month: Snake - dungguuny



## THIS MONTH'S BOOK RECOMMENDATION

Fiona Preston is a published author who is also a local resident of Scotts Head. Her newly published novel *Beneath the Wild Fig Tree*, is available online and at independent bookstores including The Book Warehouse in Coffs Harbour. It's receiving excellent reviews online through Goodreads [Beneath the Wild Fig Tree by Fiona Preston | Goodreads](#) check it out for yourself.

It's a family drama, coming of age, literary fiction novel that begins beneath a wild fig tree on the Mid North Coast.

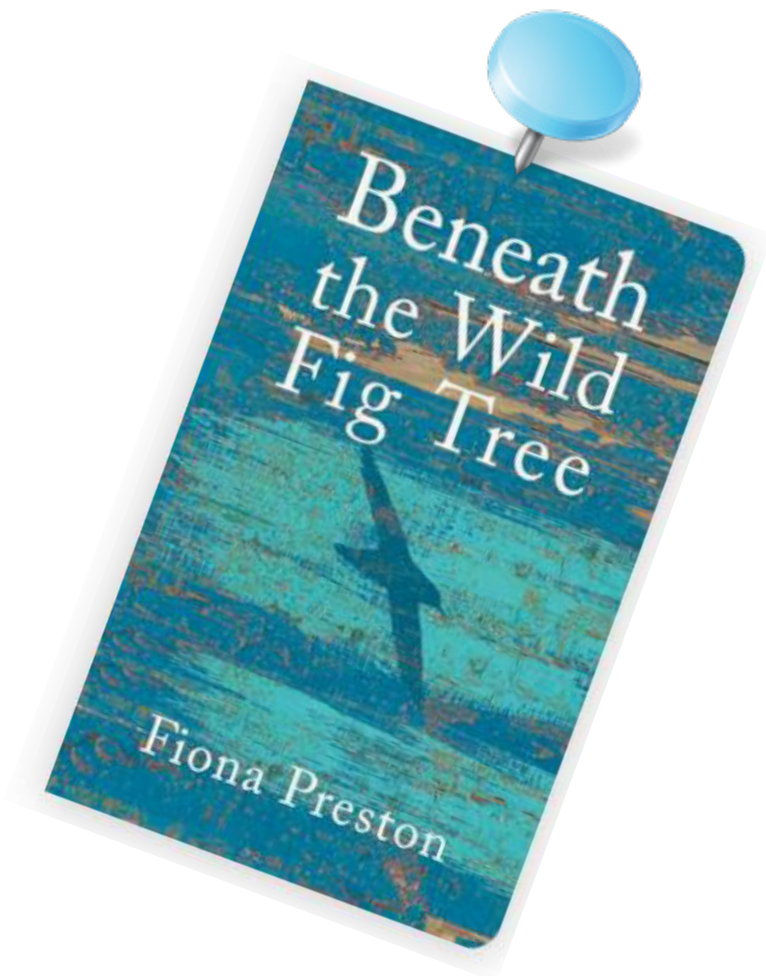
A family drama unfolds across a Bass Strait Island, Hobart, Sydney and Adelaide. Should betrayal be forgiven, and if so, who should be forgiven and who should forgive?

A traveller obsessed with the ocean. A conflicted archaeologist. A girl who thinks parents should never be trusted. *Beneath the Wild Fig Tree* interweaves 1984 and the year 2000 into a colourful story about coming of age, self-discovery, grief, happiness, and the luminosity of the natural world.

This novel will appeal to readers who enjoy complex characters, a hint of mystery, the tang of the ocean and a strong sense of place. I'm keen to hear your thoughts on this novel so let's support one of our talented residents and send through your reviews!

Alisha Cruickshanks

(Information and quotes sourced from the author and from goodreads.com)



### About the author – Fiona Preston

Fiona Preston was born in South Africa but has spent most of her life in Australia, specifically in Lutruwita / Tasmania.

She has also lived in the remote Kimberley region of Western Australia and in New South Wales. She has blogged about exploring coastlines and has been published in local publications.

She has worked as a cook in an exploration camp on a remote Australian cattle station, as a bookseller, librarian and as a counsellor.

In her spare time Fiona enjoys anything and everything to do with the coast and the sea.

≈

We are keen to hear from our avid readers, so if you enjoy reading one of our monthly recommendations, or, you have one you would like to share with us, we would love to hear from you! Email your shared thoughts to [scottshheadwave@gmail.com](mailto:scottshheadwave@gmail.com)





Hi Scotts Gardeners,

What an amazing garden working bee we had last month in the vege patch! It was a great sunny day, and an impressive amount of work was achieved in the Community Garden. Three trailer loads of top manure were all dug into the garden beds. We planted tomatoes, beans, zucchini, cucumber, silver beet, and sweet corn.

Cheers from Scotts Head Community Gardeners



All the hard work achieved from the Working Bee!



## RECIPE OF THE MONTH

### ZUCCHINI, TOMATO AND SPINACH MUFFINS

#### INGREDIENTS

- 1 cup (150g) self-raising flour
- 60g butter, chopped
- 1 zucchini, coarsely grated
- 60g baby spinach, shredded
- 100g fetta, crumbled
- 1 Egg, lightly whisked
- 1/2 cup (125ml) milk
- 4 cherry tomatoes, thinly sliced

#### Method

##### 1. Step 1

Preheat oven to 180°C. Line six 1/3-cup (80ml) muffin pans with paper cases. Place flour and butter in a bowl. Use your fingertips to rub the butter into the flour until it resembles fine breadcrumbs. Add zucchini, spinach and fetta. Stir to combine.

##### 2. Step 2

Whisk the egg and milk in a small jug. Add to the flour mixture and stir until just combined (don't overmix). Spoon evenly among the prepared muffin pans. Top with tomato slices. Bake for 20-25 mins or until a skewer inserted in the centres comes out clean. Turn onto a wire rack to cool completely.

#### ENJOY!





## WHAT'S ON THIS MONTH & BEYOND IN YOUR TOWN

### DUNE CARE

SATURDAY 16 NOVEMBER



- Meet at West St walkway from 8:30am
- We work for two hours so come for as long as you are able.
- All welcome, experience necessary, training provided.
- Wear long sleeves and pants, covered shoes, hat and sunscreen for safety.

See FB for more information or call  
Moira 0421 911 294



## MATTERS

FINE FOOD WITH LOVE  
THURS, FRI, SAT FROM 5PM  
SUN 9AM - 2PM (NO SURCHARGES)  
405 GRASSY HEAD RD, GRASSY HEAD  
WWW.HOTMYRTLE.COM.AU  
BOOKINGS RECOMMENDED  
65690000

26 West Street, Scotts Head NSW 2447  
T (02) 6569 8163  
E info@clubscotts.com.au  
Social Media @clubscotts  
www.clubscotts.com.au

**SCHOOL HOLIDAY TRADING HOURS OPEN 7 DAYS**

• barefoot bowls • social darts • happy hour • social bowls • kids playground •

**KIDS DISCO PARTY**  
5.30 - 8.30PM  
1ST OCTOBER 2024  
HOSTED BY THE DJ BISHO

ENTRY FREE  
GOLD COIN DONATION

**Live Music**  
06 OCTOBER 2024  
3.00PM - 7.00PM  
KAILEY PALLAS DUO  
Sunday Sessions

**KIDS DISCO PARTY**  
5.30 - 8.30PM  
8TH OCTOBER 2024  
HOSTED BY THE DJ BISHO

ENTRY FREE  
GOLD COIN DONATION

**10TH OCTOBER 2024**  
**Fiesta NIGHT**  
6.30PM START

**members draw**  
FRIDAYS 7.30PM - 8.30PM  
SUNDAYS 6.30PM  
TP/00729

**Ready to Play**  
**DARTS EVERY WEDNESDAY**  
Sign up 6.45pm for a 7pm start  
\$5 Entry, Prizes to be won

**Enter to win**  
**FRIDAY NIGHT RAFFLE**

**\$6 Happy Hour!**  
MONDAY - THURSDAY  
5PM - 6PM  
SATURDAY - SUNDAY  
5PM - 6PM

**EVERY THURSDAY**  
**CHAIR Yoga**  
12.30 - 1.30PM  
\$11 PER PERSON  
Gentle Seated Exercises for Seniors

**SWELL BISTRO**  
LUNCH 12.00PM - 2.00PM  
DINNER 5.30PM - 8.00PM  
Bookings recommended  
@swellbistro

## CHRISTMAS IS COMING!

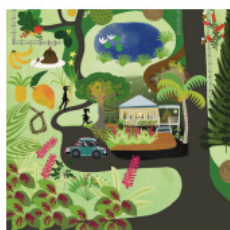
WE ARE EXCITED TO HOST  
LOCAL DJ JS BUMPS  
FOR TWO FUN FRIDAY NIGHTS  
29 NOV & 6 DEC  
\$50PP  
TWO COURSE MEAL  
WITH SHARED ENTREES  
& CHOICE OF MAINS  
PERFECT FOR A CHRISTMAS  
GET TOGETHER...  
\*\*BOOKINGS ESSENTIAL\*\*  
DRESS UP & DANCE (OPTIONAL!)

**DJ JS**  
OLD SCHOOL VINYL  
FUNK, SOUL,  
BOOGIE & HOUSE  
+ LAID BACK  
BACKGROUND  
BEATS

**DINNER + DANCE**  
NOV 29 6 PM PRICE: \$50

**DJ JS**  
OLD SCHOOL VINYL  
FUNK, SOUL,  
BOOGIE & HOUSE  
+ LAID BACK  
BACKGROUND  
BEATS

**DINNER + DANCE**  
DEC 6 6 PM PRICE: \$50



OPEN GARDEN 9 - 12 SUNDAY 24TH NOV  
TAKE A WANDER WITH OUR NEW SELF GUIDED MAP  
& ENJOY OUR ECLECTIC GARDEN SPACES  
PLANT SALES FROM CHEF HARDY'S COLLECTION  
HOT MYRTLE KITCHEN WILL BE OPEN AS USUAL  
BRUNCH 9 - 10AM  
HIGH TEA \$20PP 10.30AM  
LUNCH 12 - 2PM  
BOOKINGS PLEASE

**FINN PLAYS JAZZ**  
EVERY 2ND SUNDAY  
12 - 2PM  
NOV 3  
NOV 17  
DEC 15  
FREE LIVE MUSIC

**CHRISTMAS TRADING HOURS**  
CLOSED  
23 - 24 DEC  
OPEN  
27, 28, 29, 30  
CLOSED  
31 DEC - 1 JAN



## Term 4 Classes

### INTUITIVE CRAFT & ART

Tuesdays 5:30-7pm

\*BOOKINGS ESSENTIAL\* - Nicole 0493 833 994 Red Cedar Together

### ECSTATIC DANCE

Friday Mornings 6:40-7:40am

\*JUST TURN UP/Bring a mat\* - Nicole 0493 833 994 Red Cedar Together

### IYENGAR YOGA

Saturdays 3-4pm

\*JUST TURN UP\* - Gretchen - 0429 949 754 / eastcoastyoga - Insta

### MENDING CIRCLE

Monthly Sundays

1:30-4pm

\*BOOKINGS ESSENTIAL\* Melinda 0403 867 257 / The Art of Dressmaking  
3rd of Nov & 8th of Dec

For more info contact class facilitators

1059 Scotts Head Road, Way Way  
 Red Cedar Together



## EXHIBITION BY SCOTTS HEAD ARTIST

Scotts Head resident and portrait, equine and landscape artist Kristin Hardiman has a new exhibition titled, 'Surf'n Turf', Seascapes and Horses at the Matilda Street Gallery, which you will find on the corner of Matilda Street and Station Street Macksville, commencing 1 November for three weeks.

Those who attended the Scotts Head ArtPrize in 2023 may remember Kristin's work. Why not take the opportunity to check it out again and visit the exhibition at the Matilda Street Gallery next time you are in Macksville. We are fortunate that Kristin is one of several talented artists who call Scotts Head their home.



## INQUIRY INTO COMMUNITY SAFETY IN REGIONAL AND RURAL COMMUNITIES

At the invitation of the Member for Oxley, Mr Michael Kemp, SHCG Chairperson Tony Crimmins recently attended and addressed the NSW Parliamentary Committee on Law and Safety, who convened in Kempsey as part of an inquiry into community safety in regional and rural communities.

Mr Kemp was desirous for all areas of the electorate of Oxley, including small and isolated communities such as Scotts Head, to be represented at the inquiry and to have the opportunity to tell their story to the Committee.

The Committee were grateful to hear that the Scotts Head community enjoys a positive relationship with the local Police Command and community members know that Police will always respond to calls for assistance. Tony emphasised that whilst this brought some comfort to the community, this reactionary style of policing had not proved effective to counter the anti-social behaviour typically experienced in the village (and other small, isolated villages) during peak holiday periods.

Unfortunately, very low Police staffing numbers in the Nambucca Valley mean that there are insufficient officers available to conduct proactive and community policing activities during peak periods, when such activities could provide a deterrent to the anti-social behaviour experienced by communities such as Scotts Head during these times of high visitor numbers.

Tony further emphasised that high levels of anger, frustration and disappointment were felt and expressed by community members both during and after these incidents.

In addition to convening in Kempsey the Committee also conducted hearings in Bourke and Broken Hill and will be visiting Coffs Harbour. Due to the number of submissions received the Committee has extended its community consultation into 2025.

There is no advice at this time as to when the results of the Committee's findings will be presented to the public.



**XMAS POP-UP 2024**

# MAKERS MARKET

SUPPORT HANDMADE AND YOUR LOCAL MAKERS,  
BAKERS, GROWERS, SEWERS AND ARTISTS.

**ARE YOU A LOCAL MAKER?**

PLEASE FILL IN THE EXPRESSION OF  
INTEREST ON THE QR BELOW OR CONTACT  
SCOTTSHC.COMMUNITYGROUP  
@GMAIL.COM



**NOVEMBER 30**

 <b>SATURDAY</b>	 <b>2-4PM</b>	 <b>REC HUT IN THE RESERVE</b>
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SPONSORED BY SCOTTSHC.COMMUNITYGROUP@GMAIL.COM

## GET TO KNOW OUR WAVE READERS.....

How we got to Scotts Head by  
Elizabeth and David Teather

“Only grass between house and beach” said the advertisement for a Scotts Head rental on the UNE Staff Newsletter in early 1984.

Since that first visit, only weeks after we had arrived in Australia, Scotts Head has been our second home for forty years.

Most of our neighbours have moved on since we bought our own house more than twenty years ago. Our son learnt to board-ride here, our grand-daughters to paddle-board, and learnt to drive.

Two family members have recuperated here from serious accidents. We now drive the 800 kms from Canberra three times a year. How much longer can we manage this? And do we count as locals yet?

\*Send me through your stories, I want to hear them!



**SHCG** | Scotts Head Community Group

# NEWSLETTER ADVERTISING RENEWALS 2025



**THE CHEAPEST WAY TO GET YOUR BUSINESS OUT TO THE COMMUNITY**

5X5 CM	\$100 FOR 10 ISSUES
1/4 PAGE	\$160 FOR 10 ISSUES
5X5 CM	\$20 SINGLE ISSUE
1/4 PAGE	\$40 SINGLE ISSUE

**SCOTTSHC.ORG.AU**





**SHCG** | Scotts Head Community Group

# MEMBERSHIP RENEWALS 2025



**TOGETHER WE CAN CREATE A STRONGER COMMUNITY**

**SCOTTSHC.ORG.AU**






# COMMUNITY NOTICEBOARD

## Austwood

For All of Your Timber Needs



Prefinished Solid Select Grade KD  
T&G  
End Matched WIDE BOARD  
Australian Cypress Flooring  
133mmx19mm



Recycled Mill Bridge Timber  
300x300x6000mm  
300x300x5000mm

Rustic Bridge timber  
300x300x2700mm

Locally Stocked & Delivered

send your enquiries to  
[admin@austwood.com](mailto:admin@austwood.com)



## ONSHORE HANDYMAN SERVICES

Mark: 0415 525 484

[www.onshorehandymanservices.com.au](http://www.onshorehandymanservices.com.au)

**Experienced & Reliable - Your Local Handyman**

The WAVE is made possible thanks to Nambucca Valley Council and Club Scotts who provide funding for printing costs.

### DISCLAIMER

Scotts Head Wave reserves the right to alter, omit or change classifications and advertisements. Furthermore, the Scotts Head Community Group Inc does not endorse or promote products, services & information contained in the newsletter. While every care is exercised, the views, opinions & information expressed in this newsletter do not necessarily represent the views and or opinions of the Scotts Head Community Group Inc or any other organisation associated with the production of the Scotts Head Wave.

## Scotts Property Boutique



**Lyn Scott**

**0402 277 658**

Thinking of selling? Or just curious about the value of your biggest asset?

Call Lyn Scott, the multi award winning agent who is dedicated to achieving the best possible price for her vendors every time.

NEWSLETTER SUBMISSIONS  
DEC ISSUE - CLOSE 23 NOV

All contributions and advertisements for the next issue are considered & can be submitted to;

[scottsheadwave@gmail.com](mailto:scottsheadwave@gmail.com)

[alishacruickshanks@gmail.com](mailto:alishacruickshanks@gmail.com)

## LOCAL NEWS

### MASTER PLAN FOR SCOTTS HEAD VILLAGE

In July 2024 Nambucca Valley Council endorsed a submission (supported by SHCG) for the preparation of a master plan for the core visitor precinct at Scotts Head and surrounding community lands.

On Tuesday 22 October representatives of the SHCG met with senior members of the Nambucca Valley Council (General Manager, Director Engineering, Manager Property) for an initial discussion on how the master plan would be progressed.

Council confirmed their support for the preparation of the master plan, in consultation with key partners (Crown Lands, Reflections Holidays, National Parks and Wildlife Service and the community) and indicated they are working to integrate this project into the next council budget cycle. Once that is confirmed, it should result in resources being allocated to get the master plan underway.

This is great news for the Scotts Head community as it has been well over a decade since any detailed planning was undertaken for the core visitor precinct and a lot has changed in that time. The master plan process will be a terrific opportunity for the community to contribute to the discussion and put forward their ideas for our village both now and into the future.

SHCG is grateful for the continued support of the Nambucca Valley Council, without whose support this very important piece of planning for the future of our village would not be possible.

As more information becomes available, community updates will be provided on this website and in the Scotts Head Wave monthly newsletter.

Tony Crimmins

### SCOTTS HEAD WAVE

Summer is fast approaching which also means that next month will be our last issue of the WAVE for the year! Head to our new website to renew your 2025 SHCG membership to make sure that you keep receiving the WAVE direct to your email each month, and if you are one of our valued businesses who advertise with us, 2025 advertisement applications are also now open through the website.

Our little village has some exciting things happening this month, be sure not to miss the Xmas Pop-up Makers Market on 30 November, where you are sure to pick up some beautiful handmade gifts from our talented local artisans to put under the Christmas tree.

As always, if you have any local community events and or news stories to be considered for publishing, please also send them via email to [scottsheadwave@gmail.com](mailto:scottsheadwave@gmail.com) Newsletter submissions close on the 23rd of each month to be considered for the next monthly edition. To become a member and receive the newsletter straight to your email, scan the QR code.

Happy reading everyone, keep your book reviews coming in and your Scotts Head stories.

Alisha Cruickshanks - Editor

