



# SCOTTS HEAD WAVE

Community Newsletter for Scotts Head & Surrounds



Email: [scottshheadwave@gmail.com](mailto:scottshheadwave@gmail.com)  
 Scotts Head Community Group is on FB



**AUGUST 2024**  
 Produced by Scotts Head Community Group

Scotts Head Community Group Inc is where we come together to discuss local issues affecting community members as well as sharing a common goal of bringing the community together. Meetings are held on the second Tuesday of each month at the Reserve Hall, Scotts Head. Are you passionate about our community? Do you want to raise issues occurring within our local community and become part of the solution? If so please come and join us, we welcome everyone!

Membership is only \$10.00 per year

Enquiries please email: [scottshheadcommunitygroup@gmail.com](mailto:scottshheadcommunitygroup@gmail.com)

## PETITION FOR BIKE AND PEDESTRIAN CONNECTION LODGED WITH COUNCIL

The Scotts Head Community Group has submitted a petition to Nambucca Valley Council calling for a feasibility study into options for a safe bicycle and pedestrian connection from Scotts Head to Macksville. The petition was supported by 978 signatures – a remarkable result given the total population of Scotts Head is less than 1,000!

The petition was accompanied by letters of support from key local organisations and businesses, including Reflections Holidays, Club Scotts, Macksville Country Club, Wheelsmith Bicycles and Mid Coast Travel.

Getting Council to undertake a feasibility study will be the first of many steps in a long process to create a safe and accessible connection for all. We will keep the community posted on our ongoing efforts to bring this idea into reality.

Scotts Head Community Group



### GIINAGAY – HELLO!!

In the spirit of reconciliation Scotts Head Community Group acknowledges the Traditional Custodians of country throughout Australia & their connections to land, sea & community. We pay our respects to their Elders past & present & extend that respect to all Aboriginal & Torres Strait Islander peoples today.



Gumbaynggirr word for the month: Grass tree: [garraan.gurr](http://garraan.gurr)



## THIS MONTH'S BOOK REVIEW

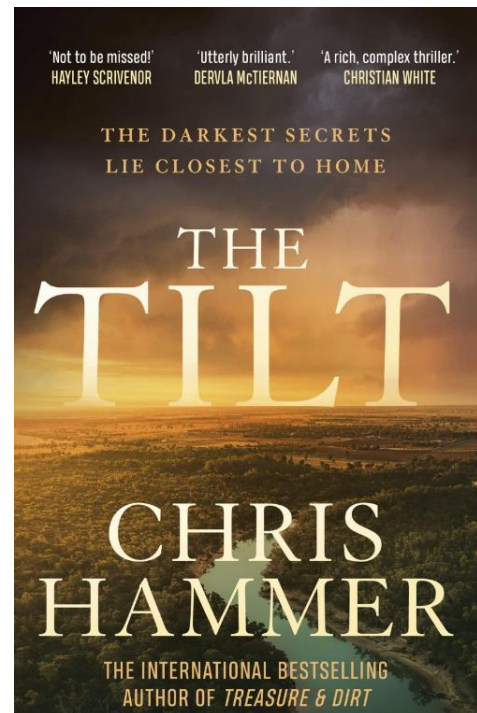
On these cold, blustery winter days, there can be nothing better than finding a cosy spot and reading a good 'whodunnit'. Fortunately, we have some great Australian writers of that genre. So let me fill you in on some of my favourites; Chris Hammer, Jane Harper, Emma Viskic, Candice Fox, Aoife Clifford, Dervla McTiernan, and Christian White.

My pick is Chris Hammer. He has written *Scrublands*, *Silver*, *Trust*, *Treasure and Dirt*, *The Seven and The Tilt*. My pick of Hammers' novels would have to be *The Tilt*. *Tilt* is a complex, multigenerational story set over 3-time periods; the 1940s, the 1970s and the present day. The storyline gradually unfolds when newly promoted Nell Buchanan and her boss Lucia are called in to investigate a skeleton when a water regulator is sabotaged. Then a

second more recent body is discovered close by. Set on the shore of the once great Murray River, this novel has it all, Twitchers, Crazy Right Wingers, and Neo Nazis. Hammer artfully connects the various threads of past historical periods so that you don't ever feel you've "lost the plot". Do go and check out his other novels. All are worthy reads!

Now I'll give another thumbs up to my newest word puzzle. It's the NYT Strands puzzle. Same group that gave you your favourite "Wordle". Yep, another puzzle to keep those brains firing. Just type NYT Strands into your search engine and you'll find it. Happy reading & solving puzzles everyone!

Lynne Foley



### **Watch that weed!**

You may have seen the ABC news article regarding the availability of gazania plants which are known to be invasive weeds & are being sold at Bunnings. Other weeds for sale include some of the succulent plants or plants such as aparagus fern and ivy. They are easy to grow so easily invade agriculture and natural environments and cost us \$4.3 billion dollars a year in damage.

What can you do? Research before you buy (just google the plant with the key word "weed"), ask your local supplier not to stock them and never dump your garden rubbish.



### **Plant these instead...**

Choose endemic plants- these are plants that have naturally grown in our area for 1000s of years and are uniquely adapted to the climate and conditions.

If you are after something more exotic- make sure it is not a garden escapee. Consider it's seed heads; non native plants with red or black berries are often environmental weeds because they are so attractive to birds.



# Some tips to lowering your bills.



## RESEARCH

the idea is to avoid "the lazy tax" a term used to describe the extra money you pay when you don't have time to negotiate a deal. There are so many sites now that it doesn't have to be onerous.

## GOVERNMENT SITES OR OTHERS?

Government sites have been created to help you compare deals and there is no kick back or broker involved which makes it completely transparent.

Alternatively, there are sponsored sites, but be aware that brokers are trying to get your business.




## ENERGY

Better Bills Guidelines through our government energy regulator now requires energy retailers to tell their customers, just by a quick glance at their power bill, whether they could be on a better offer, and how to switch. Make sure you check a couple of bills. Energy made Easy is a government site to help you find a better deal

<https://www.energymadeeasy.gov.au/>

There are also companies such as <https://goswitch.com.au/> but this is a sponsored service.

## INSURANCE

 moneysmart.gov.au is a useful site that explains terms used and how to choose car insurance.

You can compare greenslip insurers on <https://www.greenslips.nsw.gov.au/>

There are plenty of sponsored sites such as **comparethemarket** which will compare insurers by just typing in your details. Remember that sponsored sites will offer you comparisons and you can certainly save money but the broker takes a %.

## HEALTH INSURANCE

To allow for simpler comparison of health insurance products all Australian health insurers are required by law to provide details of each of their products to the Private Health Insurance Ombudsman.

PrivateHealth.gov.au contains details of every health insurance policy available in Australia, as well as its Private Health Information Statement.

You can compare your health insurance by using this simple tool at [privatehealth.gov.au/dynamic/search/start](http://privatehealth.gov.au/dynamic/search/start)

THESE ARE JUST SOME OF THE SITES THAT CAN SAVE YOU

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WHAT'S ON THIS MONTH & BEYOND IN YOUR TOWN

Scotts Head Community Group presents  
SCOTTS HEAD/WAY WAY  
**Open Garden Day**  
SEPTEMBER 1 9-12PM

Are you an avid gardener or outdoor designer and want to share your garden with your community?

Are you a food producer and want to share seeds, knowledge and passion?

Are you a native garden aficionado or have a garden with a view and want to share the love?

We invite you to register your outdoor space for inclusion in our open garden day.

All gardens big or small are invited to be part of this opportunity.

Register here



# STEP 1

The community wants to see your garden!!  
Big or small, natives or exotics, food or flowers.  
Register here





Connect  
explore  
Learn

Looking for inspiration?  
Download the google map to plot your adventure!

Join us for tea and coffee at the community garden @12pm, Sept 1.  
Bring some goodies to share.

Scotts Head Community Group presents  
SCOTTS HEAD/WAY WAY  
**Open Garden Day- Garden Party**  
SEPTEMBER 1 | 9 AM-1PM

Are you looking for inspiration to create your own bit of paradise?

Have you always wanted to grow your own veges but dont know where to start?

Do you want to plant a verge garden to reduce your mowing?

Enjoy a morning visiting Scotts Head's open gardens and then join us for a Garden Party at 12pm in the community garden.

Use this to access the map

To celebrate the diversity of gardens in Scotts Head, we will be hosting tea at the community garden-Buz Brazel oval at 12pm.

Please bring a plate of treats to pass around and your trusty tea or coffee mug!




Connect  
explore  
Learn



**DUNE CARE**

SATURDAY 17 AUGUST



THE BACKBONE OF OUR BEACHES

- Meet at West St walkway
- All welcome, weeding and planting.
- Wear long sleeves and pants, covered shoes, hat and sunscreen for safety.

See FB for more information or call;  
Moira 0421 911 294

DRIFTWOOD CAFÉ PRESENTS

# Farmers Market

Scotts Head | Ngambaa Country

Next:  
**SUNDAY**  
**11.08.2024**  
**8am - 11 am**

LOCATION:  
VILLAGE GREEN  
NEAR 5 ADIN STREET

Support your local farmers & makers.

📍 SCOTTSHEADFARMERSMARKET  
✉ SCOTTSHEADFARMERSMARKET@GMAIL.COM



**GET GROOVY BABY!**  
We're goin' back to the '60's. Wear your 'hip' threads to see....

Valley Performers

# FOUR WILLS

and a  
**BIRTHDAY**

funky  
A murder mystery theatre restaurant.  
By Stuart & Butler

PERFORMANCES:

Evenings - 23, 24, 30 August  
- 6 & 7 September  
Dinner Shows - seated by 6pm, curtain 7pm

Matinee - Sunday 25 August  
Lunch Show - seated by 1pm, curtain 2pm

TICKETS:  
Venue: Macksville Ex-Services Club  
Ticket Options:  
Dinner, Show & Dessert - \$50  
Show & Dessert - \$30  
Dinner & Lunch bookings essential

Book & pay at the club or phone 6568 1344

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NVAC affiliate 2021

# COMMUNITY NOTICEBOARD



**CLOSED** for our winter break.  
**OPEN 5<sup>th</sup> Sept...**  
Thanks for your support x

[www.hotmyrtle.com.au](http://www.hotmyrtle.com.au)

The WAVE is made possible thanks to Nambucca Valley Council who provide funding for printing costs.

### SCOTTS HEAD COMMUNITY GARDENERS LOVE YOUR SUPPORT

*don't forget to pay cash or electronically*

PAYMENTS FOR PRODUCE AT OUR GARDEN CAN NOW BE MADE USING THE PAYID SCOTTSHEADCOMMUNITYGROUP@GMAIL.COM

**JOIN OUR COMMUNITY NOW!**



## ONSHORE HANDYMAN SERVICES

Mark: 0415 525 484  
[www.onshorehandymanservices.com.au](http://www.onshorehandymanservices.com.au)

**Experienced & Reliable - Your Local Handyman**

**NEWSLETTER SUBMISSIONS**  
**SEP ISSUE - CLOSE 23 AUGUST**

All contributions and advertisements for the next issue are considered & can be submitted to;

[scottshheadwave@gmail.com](mailto:scottshheadwave@gmail.com)  
[alishacruickshanks@gmail.com](mailto:alishacruickshanks@gmail.com)

## Scotts Property Boutique



**Lyn Scott**  
0402 277 658

Thinking of selling? Or just curious about the value of your biggest asset?

Call Lyn Scott, the multi award winning agent who is dedicated to achieving the best possible price for her vendors every time.

### DISCLAIMER

Scotts Head Wave reserves the right to alter, omit or change classifications and advertisements. Furthermore, the Scotts Head Community Group Inc does not endorse or promote products, services & information contained in the newsletter. While every care is exercised, the views, opinions & information expressed in this newsletter do not necessarily represent the views and or opinions of the Scotts Head Community Group Inc or any other organisation associated with the production of the Scotts Head Wave.

## LOCAL NEWS

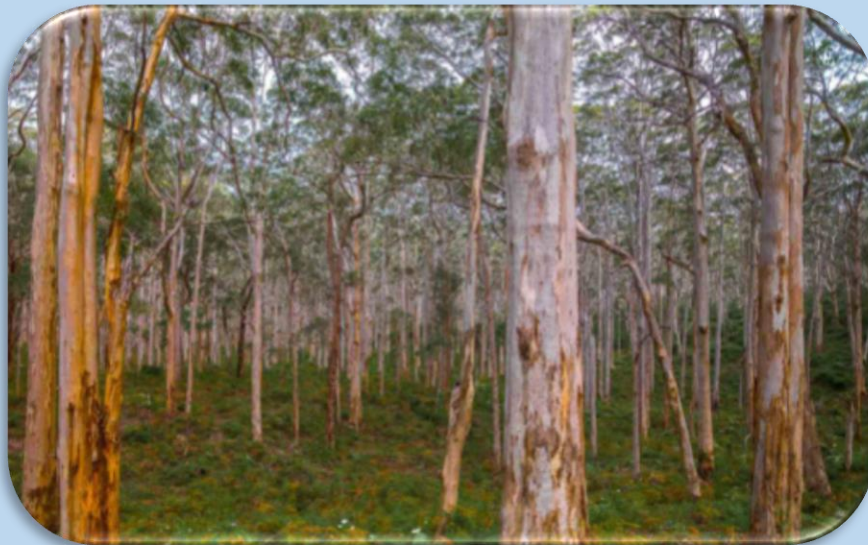
### LAND CLEARING

Community members have recently expressed some concerns about land clearing activities happening in Scotts Head and surrounding areas. If you have concerns or questions about land clearing activities, your best option is to contact Nambucca Valley Council and relevant NSW agencies to raise issues, report what is happening and/or seek further information. You can do this in various ways:

- send a report to the NSW Environment Line at [info@environment.nsw.gov.au](mailto:info@environment.nsw.gov.au) or call them on 131 555. Any information you provide is confidential. Information about how to lodge a report is available at: <https://www.environment.nsw.gov.au/topics/animals-and-plants/native-vegetation/land-management-native-vegetation-compliance-and-enforcement/help-stop-illegal-native-vegetation-clearing>
- email Nambucca Valley Council at [council@nambucca.nsw.gov.au](mailto:council@nambucca.nsw.gov.au) or lodge a report to Council on the Antenno app
- email NSW Local Land Services at [admin.northcoast@lls.nsw.gov.au](mailto:admin.northcoast@lls.nsw.gov.au)

Remember to stick to the facts and provide any available evidence or relevant information in your report to support your concerns. Avoid spreading rumours, hearsay, or gossip - and note that you should not enter private property without permission of the landowner.

Scotts Head Community Group



### SCOTTS HEAD WAVE

A very colourful newsletter indeed for August! I hope that you are all enjoying the colour print and the informative articles that are continuing to be submitted. As always, if you have any local community events and or news stories to be considered for publishing, please send them via email to [scottsheadwave@gmail.com](mailto:scottsheadwave@gmail.com) Please note that newsletter submissions close by the 23rd of each month to be considered for the next monthly edition. To become a member and receive the newsletter straight to your email, be sure to send us an email or use the QR code! This brings us to our last Winter edition of the WAVE, so enjoy watching the Olympics and I look forward to sharing our wonderful newsletter with you all again next month when we welcome Spring! Happy reading everyone!

Alisha Cruickshanks - Editor

